Day on the Lake
June 1-3 and Sept 7-9, 2017
Bartlett Lake Marina, Carefree, AZ
8 a.m. - 3 p.m.

- Adapted waterskiing
- Jet skiing
- Boating
- Fishing
- Kayaking
- Tubing
- Wakeboarding

Ages 3 and up can participate and you must be 1 year post injury to participate in waterskiing and jet skiing activities.

Register at: dignityhealth.org/stjosephs/classes-and-events or call 1-877-728-5414.
Please call the Barrow Connection at 602-406-6280 for further questions.

Barrow Connection Outreach Program
www.BarrowNeuro.org/Connection | 602-406-6280
Come and see the experts in Neuro-Rehabilitation

Barrow Neuro-Rehabilitation Outpatient Therapy Services
- Adult Neurological Program
- Spinal Cord Injury Wellness Program
- B.R.A.I.N.S. Post-Concussion Clinic
- Interdisciplinary Multiple Sclerosis Clinic
- Barrow Concussion and Brain Injury Center
- Center for Transitional Neuro Rehabilitation
- Neuro Robotics
- Aquatic Programs
- Vestibular Specialist

St. Joseph’s Outpatient Therapy Program
- Hand Therapy Program
- Lymphedema Management Program
- Lung Transplant Team
- Orthopedic

Please call 602-406-3230 or visit barrowneuro.org/rehab

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Jet ski Rentals Available
20' Pontoon Boat Rentals
Aqua Lodge Houseboat Rentals
Celebrate on our 45’ Party Yacht
Full Service Marine

602-316-3378
www.bartlettlake.com

Present this ad and you will receive a 10% discount!
The Barrow Connection provides the navigation tools to children and adults with neurological challenges to have an enriched quality of life through participating in the following programs:

- Health & Wellness
- Sports & Recreation
- Education
- Resources
- Research
- Peer Mentors

Please contact us at:
The Barrow Connection
602-406-6280
Jo.Crawford@dignityhealth.org
www.barrowneuro.org/connection

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Table of Contents

This resource guide is designed to assist you in finding adapted programs, services and equipment. *** Denotes Spanish speaking

- Advocacy ................................................................. 4
- Animal Assistance .................................................. 4
- Aquatic Therapy ...................................................... 4
- Aquatic Therapy Supplies ....................................... 4
- Art ........................................................................ 6
- Brain Injury Information ......................................... 6
- Brain Tumor Information ......................................... 6
- Caregiver Information ............................................. 6
- Driving Equipment / Modified Vehicles .................. 7
- Driving Schools & Instructors ................................. 7
- Employment Assistance ......................................... 7
- Exercise Facility/Adapted Gym ................................. 7
- Exercise Videos ..................................................... 8
- General Disability Information ............................... 8
- Guillain-Barre Syndrome ....................................... 8
- Home Modifications .............................................. 8
- Home Services ...................................................... 8
- Independent Living ................................................ 8
- Magazines for Wheelchair Sports and Recreation ..... 10
- Medical Equipment & Supplies ............................. 10
- Multiple Sclerosis .................................................. 14
- Municipal Recreation ............................................. 14
- Outdoor Adventures / Camping .............................. 14
- Parenting ............................................................... 15
- Reading ................................................................. 15
- Recreation ............................................................. 15
- Recreation Equipment .......................................... 17
- Sports ................................................................. 17
- Stroke ................................................................. 18
- Spinal Cord Injury Information .............................. 18
- Support Groups ..................................................... 18
- Technology Devices, Programs and Services .......... 20
- Transportation ..................................................... 21
- Transverse Myelitis .............................................. 21
- Travel ................................................................. 21
- Van Rentals/Transportation ................................... 21
- Veteran Resources ............................................... 22
- Additional Resources ............................................ 22

Created by Barrow Connection and the Recreation Therapy Department.
Advocacy

Adult Protective Services | 602-542-4446 | azdes.gov/daas/aps
ADA (American Disability Act) | ada.gov
ABIL/TY360 (Formerly ABIL) See ad page 23

Arizona Center for Disability Law
5025 E. Washington St., Ste. 202, Phoenix, AZ 85034 | azdisabilitylaw.org
602-274-6287 (Voice/TTY) | 800-927-2260 (Toll Free Voice/TTY)

Arizona Department of Economic Security | azdes.gov
Arizona Department of Insurance | 602-364-2499 | insurance.az.gov
Arizona Disability Advocacy | 602-386-4279 | contact@azdac.org | azdac.org

Child Protective Services Child Abuse Hotline
1-888-SOS-CHILD (1-888-767-2445) | azdes.gov/contact

Disability Determination/Social Security Administration/
Office of Public Inquiries | 800-772-1213

Animal Assistance
Canine Companion for Independence | 800-572-2275 | cci.org
Power Paws Assistance Dogs | 480-970-1322

Aquatic Therapy
Apache Junction Saguar Family Fitness
305 N. Plaza Dr., Apache Junction, AZ 85120 | 480-982-7794
saguarofitnessandrehab.com

Arthritis Foundation | 602-212-1201 | 800-568-4045 (Spanish) | arthritis.org

Bethesda Waters/Jill Scease, Aquatic Therapy, Watsu Practitioner
480-363-5880 | bethesdawaters@cox.net

Barrow Neuro Rehabilitation Outpatient Therapy | 602-406-3230

City of Tucson Adapted Aquatic Center Tucson, AZ
520-791-5643 | tucsonaz.gov.com

Desert Pain Institute Mesa, AZ | 480-325-3801 | desertpaininstitute.com

East Valley Physical Therapy & Aquatic Rehab Mesa, AZ
480-981-0900 | eastvalleypt.com

Fitness Works – Gilbert, AZ | 480-396-0086 | fitnessworks.com

Flagstaff Athletic Clubs – Flagstaff, AZ
928-779-4593 | flagstaffathleticclub.com

Gold Medal Swim School *** Chandler, AZ
480-961-7946 | goldmedalswimschool.com

Ability360 Sports & Fitness Center See ad page 23

Aquatic Therapy Supplies
Sprint Aquatics | 1-800-235-2156 | sprintaquatics.com

ADAPTIVE SPORTS, RECREATION AND SOCIAL OPPORTUNITIES
FOR PEOPLE WITH ALL TYPES OF DISABILITY.

Define Your Independence
Challenge Your Ability
Be Active
Defy the Competition

Sports Programs for Individuals with Intellectual Disabilities
• Aquatics
• Cheerleading
• Basketball
• Bocce Ball
• Bowling
• Floor Hockey
• Golf
• Kayaking
• Soccer
• Track and Field

Sports Programs for Individuals with Physical Disabilities
• Archery
• Bowling
• Cycling
• Kayaking
• Power Soccer
• Swimming
• Track and Field
• Wheelchair Basketball

480.835.6273
www.ArizonaDisabledSports.com

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4445 N. 7th St., Phoenix, AZ 85014 | 602-274-3625
690 N. Cofco Ct., Ste. 180, Phoenix, AZ 85008 | 602-685-0820
3501 N. Scottsdale Rd., Ste. 100, Scottsdale, AZ 85251 | 480-945-1929
For more Hanger locations in Arizona or across the country, visit www.hanger.com.
Art
ARTability | artability.org
National Arts and Disability Center | semel.ucla.edu
Open Directory Society for Disabled Arts | dmoz.org/society/disabled/arts
Shemer Art Center | 602-262-4727 | Shemer@phoenix.gov
The State Organization on Arts & Disability - Tucson, AZ | 520-631-6253 | info@vsaaz.org

Brain Injury Information
Brain Injury Association of America | biausa.org
Brain Injury Alliance of Arizona | biaaz.org | 1-888-500-9165
Brain Injury Advocates, CA | 949-727-9300 | headinjurylaw.com
Brain Injury Resource Center | headinjury.com
Brain Matters | tbimatters.org
Brain Trauma Foundation | braintrauma.org
Center Watch | centerwatch.com
Centre for Neuro Skills | neuroskills.com
Everlasting Services | TBI assisted living homes | 602-388-1749 | azbrain.com
National Head Injury Foundation | 800-444-NHIF
The International Brain Injury Association | internationalbrain.org
Traumatic Brain Injury Model Systems | tbimdsc.org
Traumatic Brain Injury Resource Directory (T-BIRD) | Tbi-sci.org/tbird
Traumatic Brain Injury Surgical Guide | tbiguide.com
We’re Moving Forward! | Activities/Events for brain injury survivors & family | 480-209-7663 | wmforward.org

Brain Tumor Information
American Brain Tumor Association | abta.org
Clinical Trials and Treatment for Brain Tumors | virtualtrials.com
Everlasting Services | TBI assisted living homes | 602-388-1749 | azbrain.com
Face in the Mirror - Hope Beyond Cancer | faceinthemirror.org
6615 N. Scottsdale Rd., Ste. 118, Scottsdale, AZ 85250 | 1-866-410 FACE (3223)
Gray Matters Foundation | 623-205-6446 | graymattersfoundation.com
Memorial Sloan-Kettering Cancer Center | mskcc.org | 212-639-2000
National Brain Tumor Society | braintumor.org

Caregiver Information
Arizona Department of Economic Security | azdes.gov
Area Agency on Aging | aaaphx.org
Arizona Caregiver Coalition | azcaring.org
National Family Caregivers Association | thefamilycaregiver.org
National Alliance for Caregiving | caregiving101.org

5031 E. Washington St., Phoenix, AZ 85034
(602) 256-2245 • (800) 280-2245
www.ability360sports.org
American Disabled for Accessible Public Transit | adapt.org
Performance Mobility | 2140 W. Broadway Rd., Ste. 101, Mesa, AZ 85202
602-275-3325 | performancemobility.com | accessiblevans.com
Wheelchair Getaways | 5932 E. Presidio Rd., Phoenix, AZ 85254
602-494-8257 | 888-824-7413 | wheelchairgetaways.com

Driving Equipment / Modified Vehicles
Ability Center | 23606 N. 19th Ave., Ste. 14, Phoenix, AZ 85085
866-405-6806 (Toll free) | 623-879-0800 | abilitycenter.com
VMI Mobility Center | 5058 S 40 St., Phoenix, AZ 85040 | 602-385-5999 | vmi.com
Leeden Wheelchair Lift & Sport | 1704 E. Curry Rd., Ste. 101, Tempe, AZ 85281
480-966-2372 | leedencorp@aol.com
Performance Mobility | 2140 W Broadway Rd., Ste. 101, Mesa AZ 85202
602-275-3325 | performancemobility.com

Veteran Resources
Arizona Chapter of Paralyzed Veterans of America | azpva.org
602-244-9168 | 800-621-9217
Paralyzed Veterans of America | pva.org

Driving Schools & Instructors
Banner Health Solutions | 1012 E. Willetta, Phoenix, AZ 85006 | 602-839-2316
DrivAble Solutions | 4120 N. 20th St., Ste. A, Phoenix, AZ 85016
602-840-2323 | driveablesolutions.com
Driving to Independence, LLC | 1414 W. Broadway Rd., Ste. 218, Tempe, AZ 85282
480-449-3331 | Drivingtoindependence.com

Employment Assistance
Ability360 Sports & Fitness Center | See ad page 23
Job Accommodation Network | 800-526-7234 | askjan.org
Ticket to Work Program | Selective service system | ssa.gov/work
Vocational Rehabilitation | 1789 W. Jefferson St., Phoenix, AZ 85007
602-542-3332 | azdes.gov/rsa/VR/

Exercise Facility/Adapted Gym
ASU- Downtown | 350 N. 1st Ave, Phoenix, AZ 85003 | 602-496-777
ASU- Tempe | 400 E. Apache Blvd., Tempe, AZ 85287 | 480-965-8900
Banner Rehab | 1012 E. Willetta, Phoenix, AZ 85006 | 602-839-2361
Glendale Community College Fitness and Wellness Center
6000 W. Olive Ave., Glendale, AZ 85302 | 623-845-3780 | gccaz.edu/fw
Mesa Community College Disabled Student Resources and Services
1833 W. Southern Ave., Mesa, AZ 85202 | 480-461-7447 | mesacc.edu
Mobility Fitness | 2502 N. Dragoon, Ste. 100, Tucson, AZ 85745
520-792-1414 | willi@mobilityfitnessinstitute.com
Scottsdale Community College | 9000 E. Chaparral Rd., Scottsdale, AZ 85256
480-423-6604 | scottsdalecc.edu
University of Arizona | 1400 E. 6th St., Tucson, AZ 85721
520-621-8702 | campusrec@arizona.edu
Ability360 Sports & Fitness Center | See ad page 23
Yavapai Community College | 1100 E. Sheldon St., Prescott, AZ 86301
928-445-7300 | yc.edu

Additional Resources
America Cancer Society | 800-ACS-2345
American Council of the Blind | 800-424-8666 | acb.org
American Diabetes Association | 800-DIABETES
American Parkinson's Disease Association | 800-223-2732
Arthritis Foundation | 800-283-7800
National Rehabilitation Info Center | 800-34-NARIC | naric.com

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(Including Courtside and Behind Home Plate)
Captioning: D-backs dbTV and Suns App.
Guest Relations:
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• Assistive Listening Devices
• Bone Conduction Headphones
• Large Print Maps and Schedules
• PAL Certified (palexperiences.org)

For more information:
phxsportsada.com | facebook.com/PHXsportsADA/
Email: Nanette at nodell@suns.com
Exercise Videos
The National Center on Physical Activity and Disability
800-900-8086 | ncpad.org

General Disability Information
ADA | ada.gov
American Disabled for Accessible Public Transit | adapt.org
The Council for Disability Rights | disabilityrights.org
Disability Information and Resources | makoa.org
Disability Rights Education and Defense Fund, Inc. | dref.org
National Council on Disability | ncd.gov
National Rehabilitation Information Center (NARIC) | naric.com
Pacific Disability Business Technical Assistance Center | adapacific.org
World Institute on Disability | wid.org

Guillain-Barre Syndrome
GBS/CIDP Foundation International | gbs-cidp.org

Home Modifications
Access Architectural, LLC | accessarchitectural.com | 480-577-1271
ADL Solutions | 2720 N Dobson Rd., Chandler, AZ 85224 | 480-899-4048
Buhr Contracting | 2516 N. Dobson Rd., Chandler, AZ 85224
Stan Buhr 480-899-4048 (Main line)
Center for Inclusive Design and Environmental Access | ap.buffalo.edu/idea
Center for Universal Design | design.ncsu.edu/cud
Design Linc | designlinc.com
National Resource Center on Supportive Housing and Home Modifications | usc.edu/dept/gero/nrcshhm
Rebuilding Together-Valley of the Sun | 480-774-0237
info@rebuildingtogetherphx.org
The 4R Group | Rob Huntley | robh@the4rgroup.com | 602-410-4156
Sure Hands Lift & Care Systems -Tucson, AZ | 520-401-4411 | azliftandcare.com

Home Services
AdvisaCare | 8024 N. 24th Avenue, Ste. 305 Phoenix, AZ 85021
602-242-3800 | advisacare.com
Will2Walk | will2walk.org

Independent Living
Ability360 Center for Independent Living in Phoenix | 602-256-2245
ability360.org | 5025 E. Washington St., Ste. 200, Phoenix, AZ 85034

Spina Bifida Association of AZ | 1001 E. Fairmount Ave., Phoenix, AZ 85014
602-274-3323 | sbaa.org
United Cerebral Palsy of Central AZ | ucopcentralaz.org
1802 W. Parkside Ln., Phoenix, AZ 85027 | 888-943-5472 | 602-943-5472
Youth Action Council of Arizona | meetup.com/Youth-Action-Council-of-Arizona

Technology Devices, Programs and Services
Arizona Technology Access Program
2400 N. Central Ave., Ste. 300, Phoenix, AZ 85004
602-728-9534 | 800-477-9921 | aztap.org
Assistive Technology Resource Center | swhd.org
AssitiveTech.net | assistivetch.net
Arizona Loans for Assistive Technology | azlat.org
Closing the Gap | closingthegap.com
Provides practical up-to-date information on assistive technology

Duet-Partners in Health and Aging | 555 W. Glendale Ave., Phoenix, AZ 85021
602-274-5022 | duetaz.org
LP Accessible Technologies - Casa Grande | 855-231-1444 | lpaccessibletechnologies@gmail.com
Magnifiers | magnifiers.org
Scan Software | nuance.com
Southwest Human Development | 2850 N. 24th St., Phoenix, AZ 85008
602-266-5976 | 877-705-5437 | swhd.org

Transportation
ADA Dial-A-Ride | 602-253 4000 | valleymetro.org
Valley Metro Mobility Center | Get trained on public transportation!
602-716-2100 | TTY 602-251-2039

Transverse Myelitis
The Cody Unser First Step Foundation | cufsf.org
The Transverse Myelitis Association | myelitis.org
Transverse Myelitis Internet Club | myelitis.org/tmic

Travel
Adapted Recreation and Travel | access-able.com

Van Rentals/Transportation
Ability Center | 23606 N. 19th Ave., Ste. 14, Phoenix, AZ 85085
866-405-6806 | Toll free | 623-879-0800 | abilitycenter.com
Accessible Vans of America - AZ | 866-224-1750
ADA Dial-A-Ride | 602-253-4000 | valleymetro.org
Support Groups

We’re Moving Forward! | Activities/Events for Brain Injured Survivors & Family
480-209-7663 | wmforward.org

Ability360 Independent Living | 5025 E. Washington St., Ste. 200,
Phoenix, AZ 85034 | 602-256-2245 | 800-280-2245 | Ability360.org

Arizona Ataxia Support Group Meetings held in Phoenix
Contact: Angela Li | 847-505-4325 | angelali1010@gmail.com or
Mary Fuchs | 480-212-6425 | mary11115@msn.com

Arizona Spinal Cord Injury Association *** | 602-507-4209
5025 E. Washington, Ste. 110, Phoenix, AZ 85034 | www.azspinal.org

Assist to Living | P.O. Box 4133, Tuba City, AZ 86045 | 928-283-6290
assisttoindependence.org

Barrow Caregivers Support Group- St. Joseph’s Outpatient Rehab
114 W. Thomas Rd., Phoenix, AZ 85013
Ashley.bridwell@dignityhealth.org | 602-406-6688

Barrow Spinal Cord Injury Support Group | 602-406-6688
Ashley.bridwell@dignityhealth.org

Barrow Stroke Support Group- Survivors and Caregivers | 602-406-6688
Ashley.Bridwell | Ashley.bridwell@dignityhealth.org

Barrow Young Adult Traumatic Brain Injury Support Group -Ages 18-35
Survivors and Caregivers | 6-7:30pm | 2nd Wednesday of each month
602-406-6688 | Ashley.bridwell@dignityhealth.org

Brain Injury Alliance of Arizona | 602-508-8024
5025 E. Washington, Ste. 108, Phoenix, AZ 85034 | biaaz.org | info@biaaz.org

Brain Tumor Support Group | 623-205-6446
Graymattersfoundation@gmail.com | 350 W. Thomas Rd. Phoenix, AZ 85013
4th Tues of each month | 6-8pm | St. Joseph’s Hospital, Conf. Rm. 1 & 2

East Valley Amputee Support Group | Special Blessings - Scottsdale Memorial
PT Department | 7400 E. Osborn, Scottsdale, AZ 85251 | 480-423-3590

The Joe Niekro Foundation | 760-333-7658 | joeniekrofoundation.org
Joni and Friends Greater Phoenix | 602-275-2568 | joniandfriends.org

Lung Transplant Support Organization | 855-GOT-MASK | gotmask.org
4980 S. Alma School Rd., Ste. 2, Box 163, Chandler, AZ 85248

Muscular Dystrophy Association | mdausa.org
4500 S. Lakeshore Dr. #440, Tempe, AZ 85282
480-496-4530 | 800-344-4863 | 800-572-1717 for services in Spanish

National Family Caregivers Association | 800-896-3650 | thefamilycaregiver.org

The Next Step Peer Mentoring & More Corp | Facebook.com/thexnextstep76
TheNextStep76@gmail.com | 623-221-1480

Second Wind Transplant Association | 888-855-9463 | www.2ndwind.org
St. Joseph’s Lung Transplant Support Group | 602-406-7009
Contact: Kathy Lam | Kathy.lam@dignityhealth.org

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513 West Thomas Road, Phoenix, Arizona 85013
Ph: 602-230-9493 | Fx: 602-230-9497
www.SouthwestMedical.com
Assist to Independence - Tuba City | Center for independent living in Tuba City
928-283-6261 | assisttoindependence.org

The Center for an Accessible Society | National organization designed to focus
public attention on disability and independent living issues | accessiblesociety.org

Concrete Changes | concretechange.org

Direct Center for Independent living in Tucson | directilc.org

Everlasting Services | TBI assisted living homes | 602-388-1749 | azbrain.com

Fair Housing Advocate | fairhousing.com

Housing and Urban Development | hud.gov

Independent Living USA | ilusa.com

National Council on Independent Living | ncil.org

New Horizons | Center for independent living in Prescott | newhorizonsilc.org

Smile | Center for independent living in Yuma | smile-AZ.org

Magazines for Wheelchair Sports and Recreation

Accessing Arizona | E-magazine about wheelchair-accessible events, sports &
locations in Arizona. | AccessingArizona.com

Disability Today Network | 1-800-725-7136 | disabilitytodaynetwork.com

Disability World | disabilityworld.org

Mainstream | mainstream-mag.com

New Mobility | The magazine for active wheelchair users | newmobility.com

Paralinks | www.paralinks.net

Sports ‘n’ Spokes/Paraplegic News | 602-224-0500 | pva.magazine.com/pn
sportsnspokes.com

Medical Equipment & Supplies

AbleData | abledata.com

Beyond Barriers | beyondbarriers.com

DynaSplint Systems, Inc. | dynasplint.com

Independent Medical, LLC | 480-704-3870 | indemedical.com

National Seating & Mobility | 8642 N. 78th Ave., Ste. 2, Peoria, AZ 85345
623-486-3588 | 866-759-8928 Fax | Phoenix@nsm-seating.com

Southwest Medical & Rehab 505 W. Thomas Rd., Phoenix, AZ 85013
800-236-4215 | 602-230-9493 | 602-230-9497 Fax
southwestmedical.com | information@southwestmedical.com

Symbius Medical | 2311 W. Utopia Rd., Phoenix, AZ 85027
623-780-8686 | 800-948-1868 | symbiusmedical.com

Nu Motion | 760 E. McDowell Rd., Phoenix, AZ 85006
602-452-4320 | 866-248-4839 | unitedseating.com

Arizona Spinal Cord Injury Association
5025 E. Washington St, Suite 110, Phoenix, AZ 85034 | 602-507-4209
azspinal.org

The Christopher & Dana Reeve Foundation (CDRF) | christopherreeve.org

Foundation for Spinal Cord Injury Prevention, Care and Cure | fscip.org

Miami Project | miamiproject.miami.edu

National Spinal Cord Injury Association | spinalcord.org

Northwest Regional Spinal Cord Injury System | sci.washington.edu

Paralysis Resource Center | paralysis.org

Project Enable | projectenable.com

SCI Info Pages | sci-info-pages.com

SCI Pilot | scipilot.com

Spinal Cord Injury Information Network | spinalcordinfo.net

Spinal Cord Injury Network | spinalcordinjury.net

Spinal Cord Research Center | scrcc.miami.edu

Topics in SCI Rehabilitation | thomasland.com

United Spinal Association | unitedspinal.org
Rugby-Wheelchair Rugby
Phoenix Heat & Phoenix Fusion | 480-748-1661 | Please leave a very detailed message | Captain: Scott Hogsett

Running/Marathon
Arizona Disabled Sports (AzDS) See ad page 25
Achilles International | 5221 N. 24th St., Unit 104, Phoenix, AZ 85016
602-881-0642 | achillesinternational.org

Softball
Miracle League of Arizona | 11130 E Cholla St., Scottsdale, AZ 85259
480-619-8810

Soccer
City of Surprise Adaptive Recreation
15960 N. Bullard Ave., Surprise, AZ 85374 | 623-222-2000
surpriseaz.gov/adaptive

Track & Field
Arizona Disabled Sports (AzDS) See ad page 25

Tennis
Ability360 Sports & Fitness Center See ad page 23
Wheelchair Sports, USA | wsusa.org

Stroke
American Stroke Association | strokeassociation.org
The Internet Stroke Center | strokecenter.org
National Aphasia Association | aphasia.org
National Institute on Deafness and Other Communication Disorders (NIDCD) | niddc.nih.gov
National Institute of Neurological Disorders And Stroke (NINDS) | ninds.nih.gov
National Stroke Association | stroke.org
Stroke Awareness for Everyone | strokesafe.org
Stroke Family | strokefamily.org
Stroke Network | strokenetwork.org

Spinal Cord Injury Resources
American Spinal Injury Association | asia-spinalinjury.org
Arizona Governor’s Council on Spinal and Head Injuries | azheadspine.org

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Event Includes:
- Classroom session
- Skills Pad Training
- Hot Lap - Hand controls available upon request
- Paella dinner prepared on-site by Chef JJ Elsner

See You on the Track in the Fall!
Water Skiing Instruction
World Championship disabled water ski teams-Chad Guzman
480-363-4033

Yoga
Barrow Outpatient Therapy, Recreation Therapy | 602-406-1620
Ability360 Sports & Fitness Center See ad page 23

Recreation Equipment
Ability Sports Off-Road Mobility Chair | 800-345-1654 | abilitysports.net
Don Krebs’ Access to Recreation | 8 Sandra Ct., Newbury Park, CA 91320
800-634-4351 |アクセスstr.com | Dkrebs@accesstr.com
Independent Medical, LLC. | 480-704-3870 | indemedical.com
Leeden Wheelchair Lift & Sport | 1704 E. Curry Rd., Ste. 101, Tempe, AZ 85281
480-966-2372 | leedencorp@aol.com
Zebra Built Fabrication | 602-697-2538 | Corbin Beu, Corbin@zebrabuilt.com

Sports
Basketball-Wheelchair Basketball
Arizona Disabled Sports (AzDS) See ad page 25
Banner Wheelchair Suns | Women, Men, Juniors, Co-Ed Teams
2249 W. El Moro Ave., Mesa, AZ 85202 | 602-790-7909
bannerwheelchairsuns.org
Surprise Road Runners Wheelchair Basketball Team
15960 N. Bullard Ave., Surprise, AZ 85374 | 623-222-2000
surpriseaz.gov/adaptive

Bowling
Arizona Disabled Sports (AzDS) See ad page 25
City of Peoria *** | 623-773-7137 | peoriaaz.gov

Fencing
Arizona State University 400 E. Apache Blvd., Tempe, AZ 85287
480-965-8900 | fencasu.edu
Ability360 Sports & Fitness Center See ad page 23

Over the Line/Adapted Softball
Ability360 Sports & Fitness Center See ad page 23

Power Soccer
Arizona Disabled Sports (AzDS) See ad page 25
Kayaking
Arizona Disabled Sports (AzDS) *See ad page 25*
River of Dreams/Daring Adventures | 602-290-0214 | daring-adventures.org

Music & Dance
Arizona Magic of Music & Dance | 480-296-3034
Neurologic Music Therapy Services of Arizona (NMTSA) | 602-840-6410
2702 N. 3rd St., Ste. 1000, Phoenix, AZ 85004 | info@nmtsa.org

Outdoor Adventure & River Trips-Arizona
River of Dreams/Daring Adventures | 602-290-0214 | river-of-dreams.com

Photography
Wheelchair Photography | wheelchairphotography.com

Rock Climbing
Phoenix Rock Gym | 1353 E. University Dr., Tempe, AZ 85281
480-921-8322 | phoenixrockgym.com | dief@phoenixrockgym.com
Ability360 Sports & Fitness Center *See ad page 23*

Rowing
The Can do Crew Rio Salado Rowing Club | 480-329-0404 | rowrio.org

Scuba Diving
Handicap Scuba Association | hsascuba.com
Ability360 Sports & Fitness Center *See ad page 23*

Sky Diving
Skydive Arizona | 4900 N. Taylor Rd., Eloy, AZ 85231
520-466-3753 | skydiveaz.com | jump@skydiveaz.com

Skiing-Downhill
Arizona Disabled Sports (AzDS) *See ad page 25*

Swimming
Arizona Disabled Sports (AzDS) *See ad page 25*
Ability360 Sports & Fitness Center *See ad page 23*

Water Skiing, wakeboarding, tubing, jet skiing, kayaking, boating & fishing
Day on the Lake | 602-406-6280 | barrowneuro.org/connection
Multiple Sclerosis
Multiple Sclerosis | msnews.org
Multiple Sclerosis Association of America | msaa.com
Multiple Sclerosis Foundation | msfacts.org
The National Multiple Sclerosis Society | nationalmssociety.org
Rehabilitation of Engineering and Assistive Technology Society of North America | resna.org

Municipal Recreation
Arizona Disabled Sports (AzDS) See ad page 25
Chandler Adapted Recreation | 480-782-2709 | chandleraz.gov/therapeutic
City of San Diego-Parks and Recreation Department
War Memorial Building | Balboa Park, 3325 Zoo Dr., San Diego, CA 92101
619-980-1876 | sandiego.gov/park-and-recreation/
City of Scottsdale Adapted Recreation | 8102 E. Jackrabbit, Scottsdale, AZ 85257
480-322-2204 | scottsdaleaz.gov/Sports/adaprec/
City of Surprise Adaptive Recreation | 15960 N Bullard Ave., Surprise AZ 85374
623-222-2245 | Jenny, surprisiaseaz.gov/adaptive
City of Tucson | 900 S. Randolph Way, Tucson, AZ 85716
520-791-4873 | tucsonaz.gov/parksandrec/
City of Glendale | 5850 W. Glendale Ave., Glendale, AZ 85301
623-930-2820 (option 3) | glendaleaz.com/parksandrecreation
Gilbert Community Services | 90 E. Civic Center Dr., Gilbert, AZ 85296
480-503-6200 | gilbertaz.gov/parks
Tempe Parks and Recreation | 3340 S. Rural Rd., Tempe, AZ 85281
480-858-2469 | tempe.gov/adaptedrecreation

Outdoor Adventures / Camping, River trips
Ability Sport Off-Road Mobility Chair-Phx | 1-800-345-1654 | abilitiesports.net
Camp Can Do (usually end of August)
BI Alliance of Arizona | 602-508-8024 | biaaz.org
Camp with a Ramp (end of July) | for those with SCI
Join them on facebook @ Camp with a Ramp | info@campwitharamp.com
Casa Colina Outdoor Adventures Pomona, CA | 866-724-4127 | casacolina.org
K2 Foundation | k2adventures.org
Freedom for Life | 602-448-9998 | ffifoundation.org
Daring Adventures | 602-290-0214 | daring-adventures.org
Wilderness Inquiry Minneapolis, MN | 800-728-0719 | wildernessinquiry.org

Outdoor Adventure & River Trips-Arizona
River of Dreams/Daring Adventures | 602-290-0214 | river-of-dreams.com

Outdoor Adventure -Colorado
The Adapted Sports Center - Crested Butte, CO | 866-349-2296
adaptivesports.org | Skiing, ice climbing, mountain biking, rafting, canoeing, and camping

Parenting
Abledata Resources Center for Parents Who Have Disabilities | abledata.com
Disabled Parents Network | disabledparentsnetwork.org.uk/
Parents with Disabilities Online | disabledparents.net
Parenting with a Disability Network | www.cilt.ca/parenting.aspx
Through the Looking Glass | lookingglass.org

Reading
Arizona Braille & Talking Book Library | 1030 N. 32nd St., Phoenix, AZ 85008
602-255-5578 | azlibrary.gov/talkingbooks
Random House Audio Books | 800-733-3000 | randomhouse.com/audio/
Sun Sounds | 2323 W. 14th St., Tempe, AZ 85281 | 480-774-8300

Recreation-Adapted
Advanced Driving with hand-controls
Driving to Excel Program | Barrow Connection with Bondurant School of High Performance Driving | 602-406-6280 | barrowneuro.org/connection

Archery
Arizona Disabled Sports (AzDS) See ad page 25

Fishing
Day on the Lake-Barrow Connection | 602-406-6280
barrowneuro.org/connection
Arizona Game and Fish Dept, Special Licensing | 602-942-3000 | azgfd.gov

Golf
Barrow Rehab -Recreation Therapy Dept | 602-406-3606

Handcycling
Arizona Disabled Sports (AzDS) See ad page 25
River of Dreams/Daring Adventures | 602-290-0214 | river-of-dreams.com

Horseback Riding
Camelot Therapeutic Horsemanship-Scottsdale | 480-515-1542 | camelotaz.org
Horses Help-Phoenix | 602-569-6056 | horseshelp.org
Silver Lining Riding Program-Waddell, AZ | 623-262-1307 | silverliningriding.org