

Open to Care Partners of People Diagnosed with Alzheimer's or Related Dementia

Barrow Alzheimer's and Memory Disorders Program **Dementia with Dignity**

This series features monthly workshop-style educational sessions. They are designed to provide dementia care partners with evidence-based information, practical tips, and support to help them overcome the more challenging aspects of providing care. Attendees participate in a 15- to 30-minute presentation followed by a group discussion, during which they will have the opportunity to ask questions and receive tips on how they can apply the principles learned to their situation.

Once a Month on Wednesdays

10 - 11:30 a.m. (Arizona Time) excluding holidays Hosted virtually via Zoom

Meeting invitations are provided via email to all registered attendees one day prior.

This Series is Free of Charge

A one-time registration is required.

Once registered, you will receive all reminders and invitations.

To register, please contact DeDe Berry at (602) 406-5916 or <u>Dorothy.Berry@CommonSpirit.org</u>.