

# Alzheimer's and Memory Disorders Program



You are what you know, what you remember. As the population grows older, more and more individuals are concerned about their memory and the memories of their loved ones. The Alzheimer's and Memory Disorders Program at Barrow Neurological Institute is equipped with the tools and expertise to diagnose dementia earlier, research potential new therapies, and provide ongoing care and counseling to address the various needs of patients and families.

## The Barrow Difference

Too many people with memory disorders have been faced with a “diagnose and *adiós*” approach in health care. While there is no known cure for most forms of dementia, we believe a holistic approach can ease the burden of the disease on patients and caregivers. With our comprehensive clinical and wraparound services, we go beyond the diagnosis and the prescription pad. Our team is committed to helping patients and families understand the illness and navigate the challenging road ahead.

We also know that this road is different for everyone, and at Barrow we strive to create a unique roadmap for every patient and family affected by dementia. Our cognitive disorders specialists thoroughly evaluate each patient and provide an individualized disease-management plan, which encompasses both medical and non-medical needs.

## For More Information

(602) 406-6262  
[BarrowNeuro.org/Memory](http://BarrowNeuro.org/Memory)

## Double Your Impact

Donations to support this life-changing work will be matched dollar-for-dollar. Donate today at [Give.SupportBarrow.org/Alzheimers](http://Give.SupportBarrow.org/Alzheimers).



## What We Treat:

- Alzheimer's Dementia
- Corticobasal Degeneration
- Frontotemporal Dementia
- Lewy Body Dementia
- Normal Pressure Hydrocephalus
- Parkinson's Dementia
- Primary Progressive Aphasia
- Progressive Supranuclear Palsy
- Vascular Dementia

## Our Specialists:

- Behavioral/Cognitive Neurologists
- Cognitive Health Advisors
- Geriatric Neuropsychiatrists
- Nurse Practitioner
- Social Worker

## Support & Resources:

- Alzheimer's/Dementia Caregiver Talks
- Finding Hope Workshop for Caregivers
- Frontotemporal Dementia Caregiver Support Group
- Lewy Body Dementia Support Group
- Managing Memory Loss with Dignity Workshop
- Memory Café
- Online Caregiver Guide and Tip Sheets

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### Research

As our clinicians are caring for patients today, they're also working with our scientists to find the treatments of the future. The Alzheimer's and Memory Disorders Program offers a variety of clinical trials for people in various stages of cognitive impairment, as well as prevention studies focused on ultimately finding a cure for Alzheimer's and related dementias. To learn more, visit [vanity URL for clinical trials here](#).

### Alzheimer's and Memory Disorders Program Team



#### **Anna Burke, MD**

Anna Burke, MD, is a board-certified geriatric psychiatrist and the director of the Alzheimer's and Memory Disorders Program. She received her medical degree from Gdansk Medical University

in Poland. She completed her residency training in adult psychiatry at Hartford Hospital's Institute of Living and a geriatric psychiatry fellowship at McLean Hospital, a Harvard Medical School affiliate. Dr. Burke is a member of the American Association for Geriatric Psychiatry, the Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment, and the American Neuropsychiatric Association. In addition to her clinical work, she has led numerous clinical trials of investigational drugs, neuromodulation, environmental modifications, prevention methods, and novel neuroimaging techniques for cognitively impaired patients with neurodegenerative disorders.



#### **Padmaja Bollam, MD**

Padmaja Bollam, MD, is a board-certified psychiatrist, whose expertise includes the management of emotional and behavioral symptoms in individuals with memory disorders and other neurological conditions, while also providing the necessary specific support/education to the respective individual's family members. She earned her medical degree from Kakatiya Medical College in Telangana, India and completed her residency in psychiatry at Maricopa Medical Center in Phoenix. She has been affiliated with Barrow Neurological Institute since 2003. She is a member of the American Psychiatric Association and the American Neuropsychiatric Association.



#### **Yonas Geda, MD**

Yonas Geda, MD, is a board-certified psychiatrist and professor of neurology. He earned his master's degree in clinical research from Mayo Clinic in Rochester, Minnesota and his medical degree from the Addis Ababa University School of Medicine in Ethiopia.

He completed his residency in psychiatry and a fellowship in behavioral neurology at Mayo Clinic. Dr. Geda has over 145 peer-reviewed publications on neuropsychiatric and lifestyle factors associated with brain aging, mild cognitive impairment, Alzheimer's disease, and related disorders. He is the lead author of the international panel that developed the neurobiological model to investigate neuropsychiatric symptoms in Alzheimer's disease.



#### **Meredith Wicklund, MD**

Meredith Wicklund, MD, is a board-certified neurologist and an assistant professor of neurology. She earned her medical degree from the University of Illinois College of Medicine at Rockford. She completed her neurology residency and a fellowship in

behavioral neurology at Mayo Clinic in Rochester, Minnesota. Dr. Wicklund is a member of the American Academy of Neurology and the Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment. Her research interests include understanding the clinical, neuropsychological, and imaging features of dementias and neurodegenerative diseases. She also studies investigational drugs and other therapeutics for these diseases.