

# Barrow Outpatient Neuro-Rehabilitation Center

## Bridge Program



### For More Information

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### Referrals

Referrals can be faxed to  
(602) 230-3059.

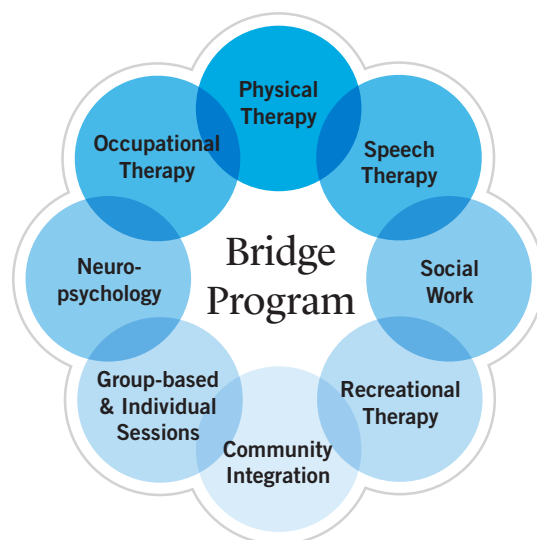


The Bridge Program at Barrow Neurological Institute is a transdisciplinary partial-day program for individuals with neurological conditions who benefit from the full spectrum of neuro-rehabilitation services. These services include physical, occupational, speech, social work, recreational, and psychological rehabilitation. The Bridge Program is a nine-plus-week program designed to help individuals regain functional independence in home, community, and/or work environments. It offers a transdisciplinary, team-based approach that provides an experience that is tailored to each individual's goals and needs.

### Program Expectations

Below are the requirements for patient participation in the Bridge Program:

- Program length is nine-plus weeks
- Individual PT/OT/SLP therapy sessions up to three days/week
- Individual psychotherapy session one day/week
- Group therapy one day/week
- Group psychology once a month
- Recreational therapy, as needed
- Social work sessions, as needed



### Goals of Bridge Participants

The mission of the Bridge Program is to help individuals reach the next step in their journey. Past participants have discharged from the Bridge Program with the following achievements:

- Return to work
- Return to school
- Transition to vocational rehabilitation
- Increased home independence
- Volunteer participation
- Increased recreational participation and social engagement

### Family Participation

Family and/or caregiver participation helps to accelerate patient recovery and helps individuals reach their goals for improved independence. We ask that family and caregivers are able to do the following:

- Implement strategies and skills practiced in therapies at home.
- Assist in setting up or providing transportation to and from the clinic, four days a week, for the duration of the program. This includes providing transportation to community outings, which occur up to once a week during group therapy sessions on Thursdays.
- Participate in family meetings, which occur up to three times throughout the program.
- Support the patient's disease-management plan, which encompasses both medical and non-medical needs.
- Attend the Caregiver Support Group, which is held once a month.