

Barrow Alzheimer's and Memory Disorders Program  
 January 2023 Program Schedule



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <b>Closed for New Year's Holiday</b>	3	4	5	6	7
8	9 <b>Virtual Memory Café</b> 10 a.m.- 11:30 a.m.	10 <b>Music, Movement, and Memory Virtual</b> with Shannon Wallace 10:30 a.m. – 11:15 a.m.	11 <b>Lewy Body Dementia Care Partner Virtual Support Group</b> 10 a.m. - 11:30 a.m.	12	13	14
15	16 <b>Closed Martin Luther King Holiday</b>	17 <b>Frontotemporal Dementia Care Partner Virtual Support Group</b> 12:30 p.m.- 2 p.m.	18	19	20	21
22	23 <b>Virtual Memory Café</b> 10 a.m.- 11:30 a.m.	24 <b>Music, Movement, and Memory Virtual</b> with Shannon Wallace 10:30 a.m. – 11:15 a.m.	25 <b>Dementia with Dignity Virtual "Embracing Self Preservation" Connie Sands RN</b> 10 a.m. - 11:30 a.m.	26	27	28
29	30	31	<i>(Mountain Standard Time/Arizona Time)</i>			

**Programs are Free of Charge | Hosted Virtually via Zoom Unless Otherwise Noted**

To register, please contact DeDe Berry at (602) 406-5916 or [Dorothy.Berry@DignityHealth.org](mailto:Dorothy.Berry@DignityHealth.org).