

# Barrow Alzheimer's and Memory Disorders Outreach Program

## December 2025 Program Schedule

(Mountain Standard Time/Arizona Time)



| MONDAY                                                                                       | TUESDAY                                                                                            | WEDNESDAY                                                                               | THURSDAY                                                                                                                  | FRIDAY                                            |
|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|
| 1                                                                                            | 2                                                                                                  | 3                                                                                       | 4                                                                                                                         | 5                                                 |
| 8<br><b>Memory Café</b><br>10 a.m. - 11 a.m.<br>&<br>1 p.m. - 2 p.m.<br><i>RSVP Required</i> | 9                                                                                                  | 10<br><b>Lewy Body Dementia<br/>Care Partner Support<br/>Group</b><br>10 a.m. - 11 a.m. | 11                                                                                                                        | 12                                                |
| 15                                                                                           | 16<br><b>Frontotemporal<br/>Dementia<br/>Care Partner Support<br/>Group</b><br>12 p.m. - 1:30 p.m. | 17                                                                                      | 18                                                                                                                        | 19                                                |
| 22                                                                                           | 23                                                                                                 | 24                                                                                      | 25<br><b>Merry<br/>Christmas</b><br> | 26<br><b>Closed for<br/>Christmas<br/>Holiday</b> |
| 29                                                                                           | 30                                                                                                 | 31                                                                                      |                                                                                                                           |                                                   |

**Programs are Free of Charge | Hosted Virtually via Zoom Unless Otherwise Noted**

To register, please contact DeDe Berry at (602) 406-5916 or [Dorothy.Berry@CommonSpirit.org](mailto:Dorothy.Berry@CommonSpirit.org).