

January 2025 Program Schedule

(Mountain Standard Time/Arizona Time)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Happy New Year	2	3
6	7	8 Lewy Body Dementia Care Partner Support Group 10 a.m. - 11 a.m.	9	10
13 Memory Café 10 am. - 11 a.m. & 1 p.m. - 2 p.m. <i>RSVP Required</i>	14	15 Dementia with Dignity "What is A Care Manager & What Can They Do for You?" 10 - 11:30 a.m.	16	17
20 Closed for Martin Luther King Holiday	21 Frontotemporal Dementia Care Partner Support Group 12:30 p.m. - 1:30 p.m.	22	23 MCI Activity Workshop 2 p.m. - 4 p.m. (Registration Required)	24 "In the News" 12 p.m. - 12:30 p.m. (Registration Required)
27 Memory Café 10 am. - 11 a.m. & 1 p.m. - 2 p.m. <i>RSVP Required</i>	28	29	30	31

Programs are Free of Charge | Hosted Virtually via Zoom Unless Otherwise Noted

To register, please contact DeDe Berry at (602) 406-5916 or Dorothy.Berry@CommonSpirit.org.