

January 2026 Program Schedule

(Mountain Standard Time/Arizona Time)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Closed for New Year Holiday	2 Closed for New Year Holiday
5	6	7	8	9
12 Memory Café 10 am. - 11:30 a.m. <i>RSVP Required</i>	13 Evening Memory Cafe 6 p.m. - 7 p.m.	14 Lewy Body Dementia Care Partner Support Group 10 a.m. - 11 a.m.	15	16
19 Closed for Martin Luther King Holiday	20 Frontotemporal Dementia Care Partner Support Group 12 p.m. - 1:30 p.m.	21 Care Planning Forum 10 a.m. - 11:30 a.m. (Registration Required) Register Here	22	23 "In the News" 12 p.m. - 1 p.m. (Registration Required)
26 Memory Café 10 am. - 11:30 a.m. <i>RSVP Required</i>	27	28 DWD Workshop Lewy Body Dementia W/Dr. Anna Burke 10:30 a.m. - 12 p.m.	29	30

Programs are Free of Charge | Hosted Virtually via Zoom Unless Otherwise Noted

To register, please contact DeDe Berry at (602) 406-5916 or Dorothy.Berry@CommonSpirit.org.