

# May 2026 Program Schedule

(Mountain Standard Time/Arizona Time)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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4	5 Evening Memory Cafe 6 p.m. - 7 p.m.	6	7	8
11 Memory Café 10 am. - 11:30 a.m. <i>RSVP Required</i>	12	13 Lewy Body Dementia Care Partner Support Group 10 a.m. - 11 a.m.	14	15
18	19 Frontotemporal Dementia Care Partner Support Group 12 p.m. - 1:30 p.m.	20	21	22
25 <b>Closed for Memorial Day Holiday</b>	26	27 DWD Workshop “Navigating the Complexities of Grief in Dementia” 10 - 11:30 a.m	28	29

**Programs are Free of Charge | Hosted Virtually via Zoom Unless Otherwise Noted**

To register, please contact DeDe Berry at (602) 406-5916 or [Dorothy.Berry@CommonSpirit.org](mailto:Dorothy.Berry@CommonSpirit.org).