

Hybrid Event (in-person & virtual)

Unpacking the Black Box of Cognitive Rehabilitation:

Evidence-backed Treatment Frameworks and Therapy Approaches that Promote Functional Change in Persons with Brain Injury

with McKay Moore Sohlberg, PhD, CCC-SLP



Saturday | February 26, 2022
Registration and Agenda Inside

Goldman Auditorium
350 West Thomas Road | Phoenix, Arizona



Barrow
Neurological Institute

Course Description

Cognitive rehabilitation after brain injury is arguably one of the most complex forms of rehabilitation. This course focuses on describing evidence-backed cognitive rehabilitation practices that have the potential to enhance individual function and quality of life. It includes frameworks that guide the clinical processes for selecting goals, treatment approaches, and measurement plans. Specification of the treatment ingredients inherent in a range of treatment approaches to address challenges in attention, memory and executive function will be detailed. Illustrative client profiles will be presented with opportunities for conference participants to apply principles and techniques to their own practice.

Course Objectives

Upon completion of the course participants will be able to:

1. Describe the Plan Implement & Evaluate (PIE) and Rehabilitation Treatment Specification System (RTSS) as applied to cognitive rehabilitation
2. Identify the key components of person-centered collaborative goal setting
3. Describe psychological mindedness practices that enhance working alliance, client engagement and psychoeducation
4. Describe treatment ingredients and the PIE process for:
 - metacognitive strategy instruction
 - external aid training
 - use of attention drills (brain training)


Who Should Attend

Speech-Language Pathologists

Continuing Education Credit

This course is offered for .65 ASHA CEUs (**Intermediate** Level, **Professional** Area).

Full attendance is required. Partial Credit is not offered

<p>APPROVED PROVIDER</p>  <p>ASHA CONTINUING EDUCATION</p> <p>AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION</p>	<p>St. Joseph's Hospital and Medical Center is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.</p>
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Hybrid Conference (in-person & virtual)

AGENDA

Saturday, February 26, 2022

7:30 a.m. *Registration for In-person attendees*

8:25 a.m. General Conference information and introductions

Foundations:

8:30 a.m. Evolution of Cognitive Rehabilitation and Associated Treatment Practice Frameworks the Guide Therapy

9:30 a.m. Person-Centered Collaborative Goal Setting

10:30 a.m. *Break*

10:45 a.m. Counseling, Working Alliance, and Client Engagement Practices

11:45 a.m. Questions & Answers

12:00 p.m. *Lunch Break (Lunch provided to in-person attendees)*

Treatment Approaches:

1:00 p.m. Metacognitive Strategy Training

2:00 p.m. External Aid Training

3:00 p.m. *Break*

3:15 p.m. Attention Training

4:15 p.m. Questions and discussion

4:30 p.m. Adjourn



Guest Faculty

McKay Moore Sohlberg, PhD, CCC-SLP

Professor Sohlberg is known internationally for her pioneering work in the field of cognitive rehabilitation. Her research focuses on the development of treatments that help people with acquired brain injury manage cognitive impairments. Her work includes evaluating treatment protocols for individuals with persistent cognitive effects following concussive injuries, and individuals who are attempting to pursue postsecondary education following brain trauma. Dr. Sohlberg's past research includes the design and evaluation of assistive technology tools to support adolescents and adults with acquired brain injury function optimally in their communities. A recent focus has been on facilitation and evaluation of patient-centered goal setting in neurorehabilitation. Dr. Sohlberg has contributed to a number of evidence-based practice guidelines supported by the Academy of Neurologic Communication Disorders & Sciences and has authored two seminal textbooks in the field. A new edition is scheduled to be released with her co-authors in 2022. Professor Sohlberg has been teaching and conducting research at the University of Oregon since 1994. She teaches graduate courses related to cognitive rehabilitation and evidence-based practice and co-founded the Brain Injury and Concussion Clinic (BrICC) in the College of Education HEDCO clinic.



Hotels

Embassy Suites by Hilton

10 E. Thomas Rd., Phoenix, AZ 85012

602-222-1111 | <https://www.hilton.com/en/hotels/phxesese-embassy-suites-phoenix-downtown-north/>

Hampton Inn Midtown

160 W Catalina Dr., Phoenix, AZ 85013

602-200-0990 | www.hamptoninn.com

What to do in Arizona

Arizona is known for its natural beauty and outdoor adventures. It's also home to a bustling metropolitan with some of the world's finest chefs, shopping and nightlife. Whether you explore Downtown Phoenix, Scottsdale or other surrounding cities, your stay will be filled with memorable experiences. To learn more about the Phoenix area, visit visitphoenix.com or experiencescottsdale.com.

Dress

Dress for all sessions is business casual. Temperatures in Phoenix in February average from 72 degrees during the day to 48 degrees at night. Please keep in mind that meeting room temperatures vary, so wear layered clothing to ensure your comfort.

Registration

Unpacking the Black Box of Cognitive Rehabilitation

Early Registration: \$175 (On or before 2/12/22)

Late Registration: \$200 (After 2/12/22)

Student: \$90

Registration fee includes: Symposium, program materials and continuing education credits.

Refund and Cancellation Policy: Barrow reserves the right to cancel or change any program for due causes. Cancellation of this program by Barrow or by the participant prior to the start of the conference will result in a full refund of tuition.

[Register Here](#)



<https://register.dignityhealth.org/profile/75431>

Disclosure Policy Statement

It is the policy of St. Joseph's Hospital and Medical Center (SJHMC) to ensure balance, independence, objectivity, and scientific rigor in all its sponsored educational programs. Selection of presenters and content development may not be influenced by nonfinancial or financial interests. To that end, SJHMC shall identify and resolve conflicts of interest by requiring everyone who is in a position to control the content of the educational activity to disclose all relevant nonfinancial and financial relationships with commercial supporters.

Disclosure

Financial Disclosures

- Salaried professor in Communication Disorders & Sciences at University of Oregon
- Received honorarium and travel for this talk
- Receive royalties for textbooks and clinical programs
- Will be discussing content from pending textbook to be published 2022

NonFinancial Disclosures

- Member, APA-ASHA Joint Interprofessional Practice Committee
- Member, NINDS/NICHHD Common Data Elements Committee
- Member, ANCDs Research Writing Committee
- Member ASHA Topic Selection Committee
- Author and reviewer of numerous peer-reviewed publications regarding cognitive rehabilitation

