

Alzheimer's and Memory Disorders Program



Cognitive Health Advisor Team

Our dedicated cognitive health advisors are available to provide one-on-one support and resource information to patients and care partners regarding the following topics:

- Dementia education
- Care partner support
- Community resources
- Advance directives
- Care planning
- Activities for cognitive stimulation
- Non-pharmacological interventions
- Communication strategies
- Home Safety

Our outreach and support services are available free of charge. Please call **(602) 406-5916** to schedule an appointment to connect with a member of our team.

DeDe Berry, CDP
Program Coordinator
Dorothy.Berry@DignityHealth.org
(602) 406-5916

Connie Sands, RN
Dementia Education Specialist
Connie.Sands@DignityHealth.org
(602) 406-2792

Daniela Saylor, MA
Cognitive Health Advisor
Daniela.Saylor@DignityHealth.org
(602) 406-7575

Gabriela Arroyo, LMSW
Social Worker
Gabriela.Arroyo901@CommonSpirit.org
(602) 406-8379