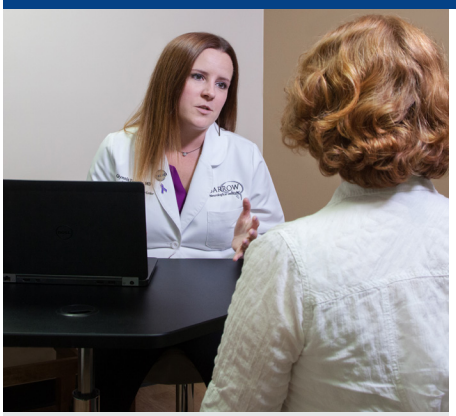
Barrow Domestic Violence Brain Injury Program

Barrow Neurological Institute



For More Information

(602) 406-6688
BarrowNeuro.org

#MindingWhatMattersMost

The Barrow Domestic Violence Brain Injury Program was created in 2012 to treat people who have suffered head injuries from domestic violence or other causes. These injuries have often been overlooked by medical professionals, so we aim to provide comprehensive treatment to alleviate symptoms and enhance our patients' quality of life.

Our research indicates that many victims of domestic violence experience repeated head trauma or strangulation, which can lead to brain injury. Because victims often face barriers to seeking immediate medical attention, these injuries can result in multiple, long-lasting symptoms. Our Program is dedicated to providing access to the effective treatments available for these injuries.

Our Clinic

Our Program is in the Barrow Brain Injury and Sports Neurology Center. In our clinic, we address symptoms of head and brain injuries, including:

- Headaches
- Dizziness and balance problems
- Vision problems
- Sleep issues
- Mood changes
- Thinking problems (including memory, attention, organization)

We provide comprehensive care for patients of all ages who have sustained head and brain injuries, whether from sports, motor vehicle accidents, or bad falls. Our services include ordering necessary diagnostic testing, such as brain imaging, prescribing appropriate medications, including those for symptom management like headaches, and offering various therapies. We also incorporate behavioral health support through an on-site psychiatrist and collaborations with community organizations. All aspects of your care can be managed here at Barrow.

Barrow has relationships with several shelter organizations, who use a brief brain injury screening tool to determine if you could benefit from our Program and clinic. If the screen is "positive," it doesn't mean you necessarily have a brain injury, but it means your symptoms should be evaluated to see if there is anything we can do to help.

Your Appointment

When you come to your appointment, you will see neurologist Dr. Glynnis Zieman and social worker Ashley Bridwell, LMSW. Ashley will attend the first visit to see if she can help with anything outside your direct medical care, such as finding community resources. The appointment usually lasts about 30-45 minutes, and you will be asked about your symptoms and injuries to help guide the doctor's recommendations for your medical plan.

Resources

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Brains Club

In addition to the clinic, we offer a group education session called Brains Club, typically held once or twice monthly at your shelter. Brains Club is open to anyone in the shelter interested in learning about and improving their thinking skills. Please ask your case manager for the current schedule of Brains Club dates and times. Thank you for allowing us to be part of your care team. We look forward to helping you on your journey of recovery.

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