

# Barrow Domestic Violence Brain Injury Program



The Barrow Domestic Violence Brain Injury Program was created in 2012 to treat people who have suffered head injuries from domestic violence or other causes. These injuries have often not been addressed by doctors or other providers in the past, so we aim to provide comprehensive treatment to improve symptoms and quality of life for our patients.

Our research has shown that many domestic violence victims get hit on the head or strangled, sometimes countless times, which can affect their brains. Unfortunately, because victims are often unable to seek medical care when these injuries occur, they can suffer from multiple symptoms for a long time. But there are great treatments available, and we are honored to provide them through our Program.

## Our Clinic

Our Program is in the Barrow Brain Injury and Sports Neurology Center. In our clinic, we address symptoms of head and brain injuries, including:

- Headaches
- Dizziness and balance problems
- Vision problems
- Sleep issues
- Mood changes
- Thinking problems (including memory, attention, organization)

We treat all kinds of patients with head and brain injuries, including athletes and people who have been in car accidents or suffered a bad fall. We treat patients of all ages, including children. We can order testing (like brain imaging), medications (such as for headache), and therapies. We also have a psychiatrist and work with community behavioral health organizations. All of your care can be provided at Barrow.

Barrow has relationships with several shelter organizations, who use a brief brain injury screening tool to determine if you could benefit from our Program and clinic. If the screen is “positive,” it doesn’t mean you necessarily have a brain injury, but it means your symptoms should be evaluated to see if there is anything we can do to help.

## Your Appointment

When you come to your appointment, you will see neurologist Dr. Glynnis Zieman and social worker Ashley Bridwell, LMSW. Ashley will attend the first visit to see if she can help with anything outside your direct medical care, such as finding community resources. The appointment usually lasts about 30-45 minutes, and you will be asked about your symptoms and injuries to help guide the doctor’s recommendations for your medical plan.

## Resources

If you don’t have insurance or your insurance doesn’t pay for all of your services, we have a special grant that will pay, so you will never have to pay for your brain injury care with us. If you ever receive a bill in the mail from Barrow, please notify us immediately.

## Brains Club

In addition to the clinic, we also offer once or twice monthly groups at the shelter you are currently staying in called Brains Club. This is group education for anyone in the shelter interested in learning about thinking skills and ways to improve them. Please ask your case manager for information about Brains Club dates and times.

***Thank you so much for allowing us to be part of your care team. We are looking forward to helping you on your journey of recovery.***

## For More Information

(602) 406-6688  
BarrowNeuro.org

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