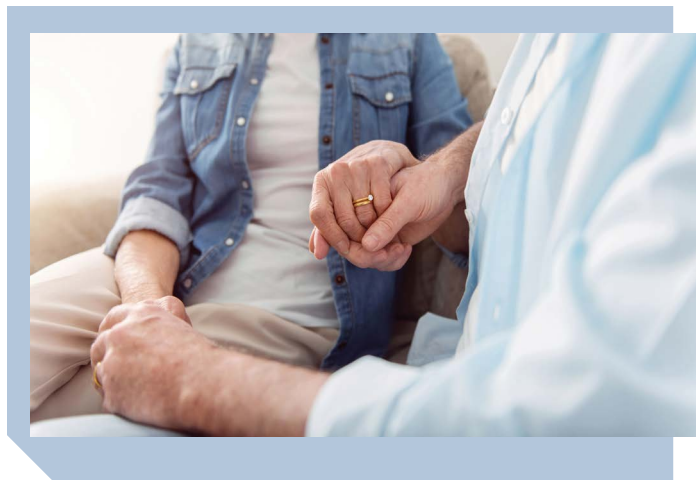


The Muhammad Ali Parkinson Center provides support groups across the Phoenix Metro area to assist individuals and their carepartners find peer support and resources to manage the challenges of living with Parkinson's disease. Support Groups are offered in-person (see back page) and virtually. If you or someone you know could benefit from a Parkinson's support group, contact the support group leaders listed below to find the right group for you. If you would like more information about a support group please contact Kris Watts at (602) 406-4921 unless otherwise noted.

### We provide the following groups:

- General patient support group
- Newly diagnosed support group for individuals diagnosed within the past three years
- Newly diagnosed support group for Carepartners of an individual diagnosed within the past three years
- General caregiver support groups
- Young Onset for those with Parkinson's disease diagnosed before the age of 50

Please contact individual support group leaders for information on meeting times and locations.



### Support Groups- Virtual

#### **Young Onset Virtual Support Group**

3rd Wednesday of the Month 5:30-7:00 pm  
Contact Melanie Grafft at (602) 406-3840 *This group is for those diagnosed with PD before age 50*

#### **Caregiver Only Virtual Support Group**

1st Tuesday of the Month 10 - 11 am and  
3rd Thursday of the Month 3 - 4 pm  
Contact Melanie Grafft at (602) 406-3840

#### **Phoenix Metro Virtual Support Group**

4th Monday of the Month 1:30-3:00 pm  
*This group is open to all individuals who are unable to attend an in-person group*

#### **Lewy Body Care Partner Support Group**

2nd Friday of the Month 10:00 -11:30 am  
Contact DeDe Berry at (602) 406-5916

*In-person groups continued on back*

## ***Support Groups- In-person***

### **Sun Lakes/Chandler Area Support Group**

Cottonwood Country Club  
25630 S. Brentwood Dr  
Sun Lakes, AZ 85248  
3rd Thursday of the Month 1:30 - 3:00 pm

### **North Central Phoenix Support Group**

DUET AZ  
10000 N. 31st Ave, Suite D200  
Phoenix, AZ 85051  
2nd Wednesday of the Month 1:30 - 3:00 pm  
*Carepartner split groups from 2:15-3:00*

### **East Mesa Support Group**

Red Mountain Multigenerational Center  
7550 E. Adobe St.  
Mesa, AZ 85207  
1st Monday of the Month 1:30 - 3:30 pm  
*Carepartner split groups from 2:30-3:30*

### **Ahwatukee Support Group**

Clearwater Ahwatukee  
15815 S. 50th St.  
Phoenix, AZ 85048  
1st Monday of the Month 10:30 am - Noon

### **Recently Diagnosed Support Group**

Martin Pear Jewish Community Center  
12701 N. Scottsdale Rd.  
Scottsdale, AZ 85254  
2nd Friday of the Month 9:00 - 10:30 am

### **North Scottsdale Support Group**

Martin Pear Jewish Community Center  
12701 N. Scottsdale Rd.  
Scottsdale, AZ 85254  
2nd Friday of the Month, 11:00 am - 12:30 pm  
*Caregiver split group*

### **Far North Scottsdale Support Group**

Clearwater Pinnacle Peak  
23733 N. Scottsdale Rd.  
Scottsdale, AZ 85266  
3rd Thursday of the Month 10:30 am - Noon

### **Surprise Support Group**

Grace Community Church  
16165 W. Mountain View Blvd #4900  
Surprise, AZ 85374  
1st Wednesday of the Month 3:00 - 4:30 pm  
Contact Melanie Grafft at (602) 406-3840

### **White Mountain Area Support Group** White

Mountain Bible Church  
3171 E. Show Low Lake Rd.  
Show Low, AZ 85901  
3rd Wednesday of the Month 10:30 - 11:30 am