

# Using the Patient Portal

This document will show you how to:

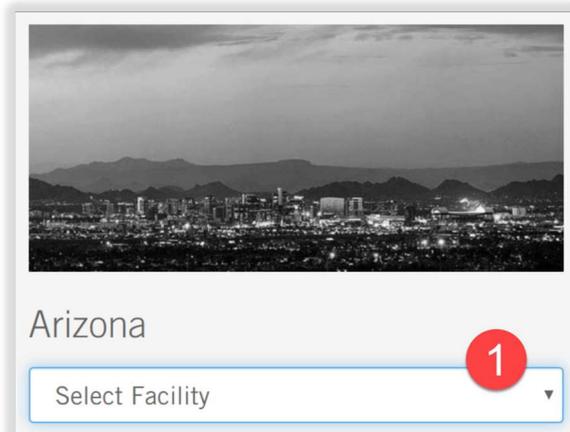
1. **Self-enroll** in the patient portal
2. **Request a telemedicine appointment** using the patient portal

## Step 1: Self-enroll in the Patient Portal

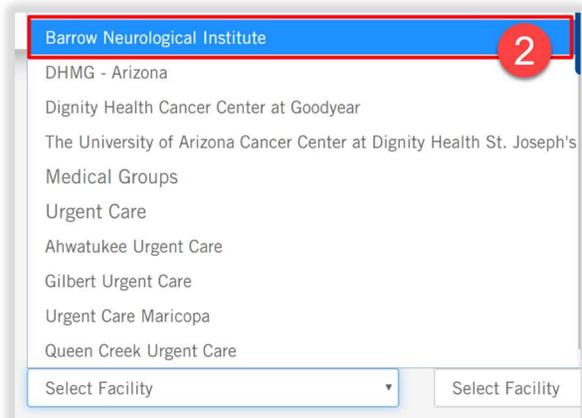
- Go to [dignityhealth.org/enroll-now](https://dignityhealth.org/enroll-now)



1. Open the **“Select Facility”** menu for the Arizona Service Area



2. Select **“Barrow Neurological Institute”**





1. Search and select your physician
2. Identify when you would like to have your appointment
3. Enter your day preference
4. Enter your time preference

\* Indicates a required field.

\* **Send request to:** 1

Holly Shill, MD - Barrow Movement Disorders - Phoenix, AZ x

Select a recipient

\* **When would you like to visit?** 2

First available

Select a date range

**Start date** **End date**

05/01/2020  05/15/2020

Enter date in MM/DD/YYYY format.

**Which day do you prefer?** 3

Sun  Mon  Tue  Wed  Thur  Fri  Sat

**What is your preferred time?** 4

Early Afternoon

Example: Afternoon or 2:00pm

1. Type **“Telemedicine”** in the appointment reason box
2. **“Send Request”**

You will be contacted by the call center to confirm your upcoming appointment.

\* **Why is this appointment needed?** 1

Telemedicine visit requested  
prescription refill

2

**Send request**