Come and see the experts in Neuro-Rehabilitation

Barrow Neuro-Rehabilitation Outpatient Therapy Services

- Adult Neurological Program
- Spinal Cord Injury Wellness Program
- B.R.A.I.N.S. Post-Concussion Clinic
- Interdisciplinary Multiple Sclerosis Clinic
- Barrow Concussion and Brain Injury Center
- Center for Transitional Neuro Rehabilitation
- Neuro Robotics
- Aquatic Programs
- Vestibular Specialist

St. Joseph’s Outpatient Therapy Program

- Hand Therapy Program
- Lymphedema Management Program
- Lung Transplant Team
- Orthopedic

Please call 602-406-3230 or visit barrowneuro.org/rehab
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This resource guide is designed to assist you in finding adapted programs, services and equipment.  *** Denotes Spanish speaking

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Created by Barrow Connection and the Recreation Therapy Department.
Advocacy

Adult Protective Services | 602-542-4446 | azdes.gov/daas/aps
ADA (American Disability Act) | ada.gov
ABILTIY360 (Formerly ABIL) See ad page 23
Arizona Center for Disability Law
   5025 E. Washington St., Ste. 202, Phoenix, AZ 85034 | azdisabilitylaw.org
   602-274-6287 (Voice/TTY) | 800-927-2260 (Toll Free Voice/TTY)
Arizona Department of Economic Security | azdes.gov
Arizona Department of Insurance | 602-364-2499 | insurance.az.gov
Arizona Disability Advocacy | 602-386-4279 | contact@azdac.org | azdac.org
Child Protective Services Child Abuse Hotline
   1-888-SOS-CHILD (1-888-767-2445) | azdes.gov/contact
Disability Determination/Social Security Administration/
   Office of Public Inquiries | 800-772-1213

Animal Assistance

Canine Companion for Independence | 800-572-2275 | cci.org
Power Paws Assistance Dogs | 480-970-1322

Aquatic Therapy

Apache Junction Saguaro Family Fitness
   305 N. Plaza Dr., Apache Junction, AZ 85120 | 480-982-7794
   saguarofitnessandrehab.com
Arthritis Foundation | 602-212-1201 | 800-568-4045 (Spanish) | arthritis.org
Bethesda Waters/Jill Sclease, Aquatic Therapy, Watsu Practitioner
   480-363-5880 | bethesdawaters@cox.net
Barrow Neuro Rehabilitation Outpatient Therapy | 602-406-3230
City of Tucson Adapted Aquatic Center Tucson, AZ
   520-791-5643 | tucsonaz.gov.com
Desert Pain Institute Mesa, AZ | 480-325-3801 | desertpaininstitute.com
East Valley Physical Therapy & Aquatic Rehab Mesa, AZ
   480-981-0900 | eastvalleyp.com
Fitness Works –Gilbert, AZ | 480-396-0086 | fitnessworks.com
Flagstaff Athletic Clubs –Flagstaff, AZ
   928-779-4593 | flagstaffathleticclub.com
Gold Medal Swim School ***Chandler, AZ
   480-961-7946 | goldmedalswimschool.com
Ability360 Sports & Fitness Center See ad page 23

Aquatic Therapy Supplies

Sprint Aquatics | 1-800-235-2156 | sprintaquatics.com
Over 730 Patient Care Centers nationwide, Hanger Clinic improves quality of life through state-of-the-art technology, clinically differentiated programs and unsurpassed customer service. Advanced techniques, designs and componentry are used to ensure exceptional levels of fit and functionality.
Art
ARTability | artability.org
National Arts and Disability Center | semel.ucla.edu
Open Directory Society for Disabled Arts | dmoz.org/society/disabled/arts
Shemer Art Center | 602-262-4727 | Shemer@phoenix.gov
The State Organization on Arts & Disability- Tucson, AZ
  520-631-6253 | info@vsaaz.org

Brain Injury Information
Brain Injury Association of America | biausa.org
Brain Injury Alliance of Arizona | biaaz.org | 1-888-500-9165
Brain Injury Advocates, CA | 949-727-9300 | headinjurylaw.com
Brain Injury Resource Center | headinjury.com
Brain Matters | tbimatters.org
Brain Trauma Foundation | braintrauma.org
Center Watch | centerwatch.com
Centre for Neuro Skills | neuroskills.com
Everlasting Services | TBI assisted living homes | 602-388-1749 | azbrain.com
National Head Injury Foundation | 800-444-NHIF
The International Brian Injury Association | internationalbrain.org
Traumatic Brain Injury Model Systems | tbindsc.org
Traumatic Brain Injury Resource Directory (T-BIRD) | Tbi-sci.org/tbird
Traumatic Brain Injury Surgical Guide | tbiguide.com
We’re Moving Forward! | Activities/Events for brain injury survivors & family
  480-209-7663 | wmforward.org

Brain Tumor Information
American Brain Tumor Association | abta.org
Clinical Trials and Treatment for Brain Tumors | virtualtrials.com
Everlasting Services | TBI assisted living homes | 602-388-1749 | azbrain.com
Face in the Mirror - Hope Beyond Cancer | faccintinemirror.org
  6615 N. Scottsdale Rd., Ste. 118, Scottsdale, AZ 85250 | 1-866-410 FACE (3223)
Gray Matters Foundation | 623-205-6446 | graymattersfoundation.com
Memorial Sloan-Kettering Cancer Center | mskcc.org | 212-639-2000
National Brain Tumor Society | braintumor.org

Caregiver Information
Arizona Department of Economic Security | azdes.gov
Area Agency on Aging | aaaphx.org
Arizona Caregiver Coalition | azcaregiver.org
National Family Caregivers Association | thefamilycaregiver.org
National Alliance for Caregiving | caregiving101.org
Driving Equipment / Modified Vehicles

**Ability Center** | 23606 N. 19th Ave., Ste. 14, Phoenix, AZ 85085 | 866-405-6806 (Toll free) | 623-879-0800 | abilitycenter.com

**VMI Mobility Center** | 5058 S 40 St., Phoenix, AZ 85040 | 602-385-5999 | vmimobilitycenter.com

**Leeden Wheelchair Lift & Sport** | 1704 E. Curry Rd., Ste. 101, Tempe, AZ 85281 | 480-966-2372 | leedencorp@aol.com

**Performance Mobility** | 2140 W Broadway Rd., Ste. 101, Mesa AZ 85202 | 602-275-3325 | performancemobility.com

Driving Schools & Instructors

**Banner Health Solutions** | 1012 E. Willetta, Phoenix, AZ 85006 | 602-839-2316

**Drivable Solutions** | 4120 N. 20th St., Ste. A, Phoenix, AZ 85016 | 602-840-2323 | driveablesolutions.com

**Driving to Independence, LLC** | 1414 W. Broadway Rd., Ste. 218, Tempe, AZ 85282 | 480-449-3331 | Drivingtoindependence.com

Employment Assistance

**Ability360 Sports & Fitness Center** See ad page 23

**Job Accommodation Network** | 800-526-7234 | askjan.org

**Ticket to Work Program** | Selective service system | ssa.gov/work

**Vocational Rehabilitation** | 1789 W. Jefferson St., Phoenix, AZ 85007 | 602-542-3332 | azdes.gov/rsa/VR/

Exercise Facility/Adapted Gym

**ASU- Downtown** | 350 N. 1st Ave, Phoenix, AZ 85003 | 602-496-777

**ASU- Tempe** | 400 E. Apache Blvd., Tempe, AZ 85287 | 480-965-8900

**Banner Rehab** | 1012 E. Willetta, Phoenix, AZ 85006 | 602-839-2361

**Glendale Community College Fitness and Wellness Center**

6000 W. Olive Ave., Glendale, AZ 85302 | 623-845-3780 | gccaz.edu/fw

**Mesa Community College Disabled Student Resources and Services**

1833 W. Southern Ave., Mesa, AZ 85202 | 480-461-7447 | mesacc.edu

**Mobility Fitness** | 2502 N. Dragon, Ste. 100, Tucson, AZ 85745 | 520-792-1414 | willi@mobilityfitnessinstitute.com

**Scottsdale Community College** | 9000 E. Chaparral Rd., Scottsdale, AZ 85256 | 480-423-6604 | scottsdalecc.edu

**University of Arizona** | 1400 E. 6th St., Tucson, AZ 85721 | 520-621-8702 | campusrec@arizona.edu

**Ability360 Sports & Fitness Center** See ad page 23

**Yavapai Community College** | 1100 E. Sheldon St., Prescott, AZ 86301 | 928-445-7300 | yc.edu
Exercise Videos
The National Center on Physical Activity and Disability
800-900-8086 | ncpad.org

General Disability Information
ADA | ada.gov
American Disabled for Accessible Public Transit | adapt.org
The Council for Disability Rights | disabilityrights.org
Disability Information and Resources | makoa.org
Disability Rights Education and Defense Fund, Inc. | dredf.org
National Council on Disability | ncd.gov
National Rehabilitation Information Center (NARIC) | naric.com
Pacific Disability Business Technical Assistance Center | adapacific.org
World Institute on Disability | wid.org

Guillain-Barre Syndrome
GBS/CIDP Foundation International | gbs-cidp.org

Home Modifications
Access Architectural, LLC | accessarchitectural.com | 480-577-1271
ADL Solutions | 2720 N Dobson Rd., Chandler, AZ 85224 | 480-899-4048
Buhr Contracting | 2516 N. Dobson Rd., Chandler, AZ 85224
  Stan Buhr 480-899-4048 (Main line)
Center for Inclusive Design and Environmental Access | ap.buffalo.edu/idea
Center for Universal Design | design.ncsu.edu/cud
Design Linc | designlinc.com
National Resource Center on Supportive Housing and Home Modifications | usc.edu/dept/gero/nrcshhm
Rebuilding Together-Valley of the Sun | 480-774-0237
  info@rebuildingtogetherphx.org
The 4R Group | Rob Huntley | robh@the4rgroup.com | 602-410-4156
Sure Hands Lift & Care Systems -Tucson, AZ | 520-401-4411 | azliftandcare.com

Home Services
AdvisaCare-8024 N. 24th Avenue, Ste. 305 Phoenix, AZ 85021
  602-242-3800 | advisacare.com
Will2Walk | will2walk.org

Independent Living
Ability360 Center for Independent Living in Phoenix | 602-256-2245
  ability360.org | 5025 E. Washington St., Ste. 200, Phoenix, AZ 85034
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513 West Thomas Road, Phoenix, Arizona 85013
Ph: 602-230-9493 | Fx: 602-230-9497
www.SouthwestMedical.com
Assist to Independence - Tuba City | Center for independent living in Tuba City
928-283-6261 | assisttoindependence.org

The Center for an Accessible Society | National organization designed to focus
public attention on disability and independent living issues | accessiblesociety.org

Concrete Changes | concretechange.org

Direct Center for Independent living in Tucson | directilc.org

Everlasting Services | TBI assisted living homes | 602-388-1749 | azbrain.com

Fair Housing Advocate | fairhousing.com

Housing and Urban Development | hud.gov

Independent Living USA | ilusa.com

National Council on Independent Living | ncil.org

New Horizons | Center for independent living in Prescott | newhorizonsilc.org

Smile | Center for independent living in Yuma | smile-AZ.org

Magazines for Wheelchair Sports and Recreation

Accessing Arizona | E-magazine about wheelchair-accessible events, sports &
locations in Arizona. | AccessingArizona.com

Disability Today Network | 1-800-725-7136 | disabilitytodaynetwork.com

Disability World | disabilityworld.org

Mainstream | mainstream-mag.com

New Mobility | The magazine for active wheelchair users | newmobility.com

Paralinks | www.paralinks.net

Sports ‘n’ Spokes/Paraplegic News | 602-224-0500 | pva.magazine.com/pn
sportsnspokes.com

Medical Equipment & Supplies

AbleData | abledata.com

Beyond Barriers | beyondbarriers.com

DynaSplint Systems, Inc. | dynasplint.com

Independent Medical, LLC | 480-704-3870 | indemedical.com

National Seating & Mobility | 8642 N. 78th Ave., Ste. 2, Peoria, AZ 85345
623-486-3588 | 866-759-8928 Fax | Phoenix@nsm-seating.com

Southwest Medical & Rehab | 505 W. Thomas Rd., Phoenix, AZ 85013
800-236-4215 | 602-230-9493 | 602-230-9497 Fax
southwestmedical.com | information@southwestmedical.com

Symbius Medical | 2311 W. Utopia Rd., Phoenix, AZ 85027
623-780-8686 | 800-948-1868 | symbiusmedical.com

Nu Motion | 760 E. McDowell Rd., Phoenix, AZ 85006
602-452-4320 | 866-248-4839 | unitedseating.com
Event Includes:
• Classroom session
• Skills Pad Training
• Hot Lap - Hand controls available upon request
• Paella dinner prepared on-site by Chef JJ Elsner
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Sales and Service. 24-Hour Emergency Line Available.
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Multiple Sclerosis

**Multiple Sclerosis** | [msnews.org](http://msnews.org)
**Multiple Sclerosis Association of America** | [msaa.com](http://msaa.com)
**Multiple Sclerosis Foundation** | [msfacts.org](http://msfacts.org)
**The National Multiple Sclerosis Society** | [nationalmssociety.org](http://nationalmssociety.org)
**Rehabilitation of Engineering and Assistive Technology Society of North America** | [resna.org](http://resna.org)

### Municipal Recreation

**Arizona Disabled Sports (AzDS)** *See ad page 25*

**Chandler Adapted Recreation** | 480-782-2709 | [chandleraz.gov/therapeutic](http://chandleraz.gov/therapeutic)

**City of San Diego-Parks and Recreation Department**
- War Memorial Building | Balboa Park, 3325 Zoo Dr., San Diego, CA 92101

**City of Scottsdale Adapted Recreation** | 8102 E. Jackrabbit, Scottsdale, AZ 85257

**City of Surprise Adaptive Recreation** | 15960 N Bullard Ave., Surprise AZ 85374
- 623-222-2245 | Jenny, [surpriaseaz.gov/adaptive](http://surpriaseaz.gov/adaptive)

**City of Tucson** | 900 S. Randolph Way, Tucson, AZ 85716
- 520-791-4873 | [tucsonaz.gov/parksandrec/](http://tucsonaz.gov/parksandrec/)

**City of Glendale** | 5850 W. Glendale Ave., Glendale, AZ 85301
- 623-930-2820 (option 3) | [glendaleaz.com/parksandrecreation](http://glendaleaz.com/parksandrecreation)

**Gilbert Community Services** | 90 E. Civic Center Dr., Gilbert, AZ 85296
- 480-503-6200 | [gilbertaz.gov/parks](http://gilbertaz.gov/parks)

**Tempe Parks and Recreation** | 3340 S. Rural Rd., Tempe, AZ 85281
- 480-858-2469 | [tempe.gov/adaptedrecreation](http://tempe.gov/adaptedrecreation)

### Outdoor Adventures / Camping, River trips

**Ability Sport Off-Road Mobility Chair-Phx** | 1-800-345-1654 | [abilitysports.net](http://abilitysports.net)

**Camp Can Do** (usually end of August)

**BI Alliance of Arizona** | 602-508-8024 | [biaaz.org](http://biaaz.org)

**Camp with a Ramp** (end of July) | for those with SCI
- Join them on facebook @ Camp with a Ramp | info@campwitharamp.com

**Casa Colina Outdoor Adventures Pomona, CA** | 866-724-4127 | [casacolina.org](http://casacolina.org)

**K2 Foundation** | [k2adventures.org](http://k2adventures.org)

**Freedom for Life** | 602-448-9998 | [fflfoundation.org](http://fflfoundation.org)

**Daring Adventures** | 602-290-0214 | [daring-adventures.org](http://daring-adventures.org)

**Wilderness Inquiry Minneapolis, MN** | 800-728-0719 | [wildernessinquiry.org](http://wildernessinquiry.org)

**Outdoor Adventure & River Trips-Arizona**

**River of Dreams/Daring Adventures** | 602-290-0214 | [river-of-dreams.com](http://river-of-dreams.com)
Outdoor Adventure-Colorado
The Adapted Sports Center - Crested Butte, CO | 866-349-2296
adaptivesports.org | Skiing, ice climbing, mountain biking, rafting, canoeing, and camping

Parenting
Abledata Resources Center for Parents Who Have Disabilities | abledata.com
Disabled Parents Network | disabledparentsnetwork.org.uk/
Parents with Disabilities Online | disabledparents.net
Parenting with a Disability Network | www.cilt.ca/parenting.aspx
Through the Looking Glass | lookingglass.org

Reading
Arizona Braille & Talking Book Library | 1030 N. 32nd St., Phoenix, AZ 85008
602-255-5578 | azlibrary.gov/talkingbooks
Random House Audio Books | 800-733-3000 | randomhouse.com/audio/
Sun Sounds | 2323 W. 14th St., Tempe, AZ 85281 | 480-774-8300

Recreation-Adapted
Advanced Driving with hand-controls
Driving to Excel Program | Barrow Connection with Bondurant School of High Performance Driving | 602-406-6280 | barrowneuro.org/connection

Archery
Arizona Disabled Sports (AzDS) See ad page 25

Fishing
Day on the Lake-Barrow Connection | 602-406-6280
barrowneuro.org/connection
Arizona Game and Fish Dept, Special Licensing | 602-942-3000 | azgfd.gov

Golf
Barrow Rehab -Recreation Therapy Dept | 602-406-3606

Handcycling
Arizona Disabled Sports (AzDS) See ad page 25
River of Dreams/Daring Adventures | 602-290-0214 | river-of-dreams.com

Horseback Riding
Camelot Therapeutic Horsemanship-Scottsdale | 480-515-1542 | camelotaz.org
Horses Help-Phoenix | 602-569-6056 | horseshelp.org
Silver Lining Riding Program-Wadell, AZ | 623-262-1307 | silverliningriding.org
Kayaking
Arizona Disabled Sports (AzDS) See ad page 25
River of Dreams/Daring Adventures | 602-290-0214 | daring-adventures.org

Music & Dance
Arizona Magic of Music & Dance | 480-296-3034
Neurologic Music Therapy Services of Arizona (NMTSA) | 602-840-6410
2702 N. 3rd St., Ste. 1000, Phoenix, AZ 85004 | info@nmtsa.org

Outdoor Adventure & River Trips-Arizona
River of Dreams/Daring Adventures | 602-290-0214 | river-of-dreams.com

Photography
Wheelchair Photography | wheelchairphotography.com

Rock Climbing
Phoenix Rock Gym | 1353 E. University Dr., Tempe, AZ 85281
480-921-8322 | phoenixrockgym.com | dief@phoenixrockgym.com
Ability360 Sports & Fitness Center See ad page 23

Rowing
The Can do Crew Rio Salado Rowing Club | 480-329-0404 | rowrio.org

Scuba Diving
Handicap Scuba Association | hsascuba.com
Ability360 Sports & Fitness Center See ad page 23

Sky Diving
Skydive Arizona | 4900 N. Taylor Rd., Eloy, AZ 85231
520-466-3753 | skydiveaz.com | jump@skydiveaz.com

Skiing-Downhill
Arizona Disabled Sports (AzDS) See ad page 25

Swimming
Arizona Disabled Sports (AzDS) See ad page 25
Ability360 Sports & Fitness Center See ad page 23

Water Skiing, wakeboarding, tubing, jet skiing, kayaking, boating & fishing
Day on the Lake | 602-406-6280 | barrowneuro.org/connection
Water Skiing Instruction
World Championship disabled water ski teams-Chad Guzman
480-363-4033

Yoga
Barrow Outpatient Therapy, Recreation Therapy | 602-406-1620
Ability360 Sports & Fitness Center See ad page 23

Recreation Equipment
Ability Sports Off-Road Mobility Chair | 800-345-1654 | abilitysports.net
Don Krebs’ Access to Recreation | 8 Sandra Ct., Newbury Park, CA 91320
   800-634-4351 | accesstr.com | Dkrebs@accesstr.com
Independent Medical, LLC, | 480-704-3870 | indemedical.com
Leeden Wheelchair Lift & Sport | 1704 E. Curry Rd., Ste. 101, Tempe, AZ 85281
   480-966-2372 | leedencorp@aol.com
Zebra Built Fabrication | 602-697-2538 | Corbin Beu, Corbin@zebrabuilt.com

Sports
Basketball-Wheelchair Basketball
Arizona Disabled Sports (AzDS) See ad page 25
Banner Wheelchair Suns | Women, Men, Juniors, Co-Ed Teams
   2249 W. El Moro Ave., Mesa, AZ 85202 | 602-790-7909
   bannerwheelchairsuns.org
Surprise Road Runners Wheelchair Basketball Team
   15960 N. Bullard Ave., Surprise, AZ 85374 | 623-222-2000
   surpriseaz.gov/adaptive

Bowling
Arizona Disabled Sports (AzDS) See ad page 25
City of Peoria *** | 623-773-7137 | peoriaaz.gov

Fencing
Arizona State University 400 E. Apache Blvd., Tempe, AZ 85287
   480-965-8900 | fencasu.edu
Ability360 Sports & Fitness Center See ad page 23

Over the Line/Adapted Softball
Ability360 Sports & Fitness Center See ad page 23

Power Soccer
Arizona Disabled Sports (AzDS) See ad page 25
Rugby-Wheelchair Rugby
Phoenix Heat & Phoenix Fusion | 480-748-1661 | Please leave a very detailed message | Captain: Scott Hogsett

Running/Marathon
Arizona Disabled Sports (AzDS) See ad page 25
Achilles International | 5221 N. 24th St., Unit 104, Phoenix, AZ 85016 | 602-881-0642 | achillesinternational.org

Softball
Miracle League of Arizona | 11130 E Cholla St., Scottsdale, AZ 85259 | 480-619-8810

Soccer
City of Surprise Adaptive Recreation
15960 N. Bullard Ave., Surprise, AZ 85374 | 623-222-2000 | surpriseaz.gov/adaptive

Track & Field
Arizona Disabled Sports (AzDS) See ad page 25

Tennis
Ability360 Sports & Fitness Center See ad page 23
Wheelchair Sports, USA | wsusa.org

Stroke
American Stroke Association | strokeassociation.org
The Internet Stroke Center | strokecenter.org
National Aphasia Association | aphasia.org
National Institute on Deafness and Other Communication Disorders (NIDCD) | nidcd.nih.gov
National Institute of Neurological Disorders And Stroke (NINDS) | ninds.nih.gov
National Stroke Association | stroke.org
Stroke Awareness for Everyone | strokesafe.org
Stroke Family | strokefamily.org
Stroke Network | strokenetwork.org

Spinal Cord Injury Resources
American Spinal Injury Association | asia-spinalinjury.org
Arizona Governor’s Council on Spinal and Head Injuries | azheadspine.org
Arizona Spinal Cord Injury Association
5025 E. Washington St, Suite 110, Phoenix, AZ 85034 | 602-507-4209
azspinal.org

The Christopher & Dana Reeve Foundation (CDRF) | christopherreeve.org
Foundation for Spinal Cord Injury Prevention, Care and Cure | fscip.org

Miami Project | miamiproject.miami.edu
National Spinal Cord Injury Association | spinalcord.org
Northwest Regional Spinal Cord Injury System | sci.washington.edu
Paralysis Resource Center | paralysis.org
Project Enable | projectenable.com
SCI Info Pages | sci-info-pages.com

SCI Pilot | scipilot.com
Spinal Cord Injury Information Network | spinalcord.uab.edu
Spinal Cord Injury Network | spinalcordinjury.net
Spinal Cord Research Center | src.umanitoba.ca
Topics in SCI Rehabilitation | thomasland.com
United Spinal Association | unitedspinal.org
Support Groups

We’re Moving Forward! | Activities/Events for Brain Injured Survivors & Family | 480-209-7663 | wmfforward.org

Ability360 Independent Living | 5025 E. Washington St., Ste. 200, Phoenix, AZ 85034 | 602-256-2245 | 800-280-2245 | Ability360.org

Arizona Ataxia Support Group Meetings held in Phoenix
Contact: Angela Li | 847-505-4325 | angelali1010@gmail.com or Mary Fuchs | 480-212-6425 | mary11115@msn.com

Arizona Spinal Cord Injury Association *** | 602-507-4209
5025 E. Washington, Ste. 110, Phoenix, AZ 85034 | www.azspinal.org

Assist to Living | P.O. Box 4133, Tuba City, AZ 86045 | 928-283-6290

Barrow Caregivers Support Group- St. Joseph’s Outpatient Rehab
114 W. Thomas Rd., Phoenix, AZ 85013
Ashley.bridwell@dignityhealth.org | 602-406-6688

Barrow Spinal Cord Injury Support Group | 602-406-6688
Ashley.bridwell@dignityhealth.org

Barrow Stroke Support Group- Survivors and Caregivers | 602-406-6688
Ashley Bridwell | Ashley.bridwell@dignityhealth.org

Barrow Young Adult Traumatic Brain Injury Support Group -Ages 18-35
Survivors and Caregivers | 6-7:30pm | 2nd Wednesday of each month | 602-406-6688 | Ashley.bridwell@dignityhealth.org

Brain Injury Alliance of Arizona | 602-508-8024
5025 E. Washington, Ste. 108, Phoenix, AZ 85034 | biaaz.org | info@biaaz.org

Brain Tumor Support Group | 623-205-6446
Graymattersfoundation@gmail.com | 350 W. Thomas Rd. Phoenix, AZ 85013
4th Tues of each month | 6-8pm | St. Joseph’s Hospital, Conf. Rm. 1 & 2

East Valley Amputee Support Group | Special Blessings - Scottsdale Memorial PT Department | 7400 E. Osborn, Scottsdale, AZ 85251 | 480-423-3590

The Joe Niekro Foundation | 760-333-7658 | joeniekrofoundation.org

Joni and Friends Greater Phoenix | 602-275-2568 | joniandfriends.org

Lung Transplant Support Organization | 855-GOT-MASK | gotmask.org
4980 S. Alma School Rd., Ste. 2, Box 163, Chandler, AZ 85248

Muscular Dystrophy Association | mdausa.org
4500 S. Lakeshore Dr. #440, Tempe, AZ 85282
480-496-4530 | 800-344-4863 | 800-572-1717 for services in Spanish

National Family Caregivers Association | 800-896-3650 | thefamilycaregiver.org
The Next Step Peer Mentoring & More Corp | Facebook.com/thenextstep76
TheNextStep76@gmail.com | 623-221-1480

Second Wind Transplant Association | 888-855-9463 | www.2ndwind.org

St. Joseph’s Lung Transplant Support Group | 602-406-7009
Contact: Kathy Lam | Kathy.lam@dignityhealth.org
Spina Bifida Association of AZ *** | 1001 E. Fairmount Ave., Phoenix, AZ 85014 | 602-274-3323 | sbaaz.org
United Cerebral Palsy of Central AZ *** | ucpofcentralaz.org
1802 W. Parkside Ln., Phoenix, AZ 85027 | 888-943-5472 | 602-943-5472
Youth Action Council of Arizona | meetup.com/Youth-Action-Council-of-Arizona

Technology Devices, Programs and Services
Arizona Technology Access Program
2400 N. Central Ave., Ste. 300, Phoenix, AZ 85004 | 602-728-9534 | 800-477-9921 | aztap.org
Assistive Technology Resource Center | swhd.org
AssistiveTech.net | assistivetech.net
Arizona Loans for Assistive Technology | azlat.org
Closing the Gap | closingthegap.com
  Provides practical up-to-date information on assistive technology
Duet-Partners in Health and Aging | 555 W. Glendale Ave., Phoenix, AZ 85021 | 602-274-5022 | duetaz.org
LP Accessible Technologies - Casa Grande | Modifying controls for better gaming! | 855-231-1444 | lpaccessibletechnologies@gmail.com
Magnifiers | magnifiers.org
Scan Software | nuance.com
Southwest Human Development | 2850 N. 24th St., Phoenix, AZ 85008 | 602-266-5976 | 877-705-5437 | swhd.org

Transportation
ADA Dial-A-Ride | 602-253 4000 | valleymetro.org
Valley Metro Mobility Center | Get trained on public transportation! | 602-716-2100 | TTY 602-251-2039

Transverse Myelitis
The Cody Unser First Step Foundation | cufsf.org
The Transverse Myelitis Association | myelitis.org
Transverse Myelitis Internet Club | myelitis.org/tmic

Travel
Adapted Recreation and Travel | access-able.com

Van Rentals/Transportation
Ability Center | 23606 N. 19th Ave., Ste. 14, Phoenix, AZ 85085 | 866-405-6806 | Toll free | 623-879-0800 | abilitycenter.com
Accessible Vans of America - AZ | 866-224-1750
ADA Dial-A-Ride | 602-253-4000 | valleymetro.org
American Disabled for Accessible Public Transit | adapt.org
Performance Mobility | 2140 W. Broadway Rd., Ste. 101, Mesa, AZ 85202
   602-275-3325 | performancemobility.com | accessiblevans.com
Wheelchair Getaways | 5932 E. Presidio Rd., Phoenix, AZ 85254
   602-494-8257 | 888-824-7413 | wheelchairgetaways.com

Veteran Resources
Arizona Chapter of Paralyzed Veterans of America | azpva.org
   602-244-9168 | 800-621-9217
Paralyzed Veterans of America | pva.org

Additional Resources
America Cancer Society | 800-ACS-2345
American Council of the Blind | 800-424-8666 | acb.org
American Diabetes Association | 800-DIABETES
American Parkinson’s Disease Association | 800-223-2732
Arthritis Foundation | 800-283-7800
National Rehabilitation Info Center | 800-34-NARIC | naric.com

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- Power Soccer
- Swimming
- Track and Field
- Wheelchair Basketball

480.835.6273
www.ArizonaDisabledSports.com

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- Sports & Recreation
- Education
- Resources
- Research
- Peer Mentors

Please contact us at:
The Barrow Connection
602-406-6280
Jo.Crawford@dignityhealth.org
www.barrowneuro.org/connection

BARROW Neurological Institute  Dignity Health. St. Joseph's Hospital and Medical Center

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