

Spinal Cord Injury Wellness Clinic



The Spinal Cord Injury Wellness Clinic at Barrow Neurological Institute is a one-day evaluation clinic for people with spinal cord injuries and disorders. Patients are evaluated by a team of specialists and leave with recommendations for improving their overall health and wellness.

The Barrow Difference

The Barrow Spinal Cord Injury Wellness Clinic is the only clinic in Arizona that offers interdisciplinary assessments for spinal cord injury patients in a single visit. Our therapists and board-certified physicians have years of experience helping patients with the following:

- Acquired Spinal Cord Disorder, such as Transverse Myelitis
- Congenital Spinal Cord Injury/Disorder, such as Spina Bifida
- Non-Traumatic Spinal Cord Injury
- Traumatic Spinal Cord Injury

Our Specialists

Our clinic consists of the following spinal cord injury specialists:

- Physical Therapists
- Occupational Therapists
- Recreational Therapists
- Social Workers
- Rehabilitation Nurses
- Physical Medicine and Rehabilitation Physicians

How It Works

You will meet with each specialist in a one-on-one format for a thorough evaluation. You will also learn about available resources from one of our community partners during a lunchtime presentation. At the end of the day, you'll receive treatment recommendations from the team, which will also be shared with your referring provider.

Our experts may recommend:

- Additional Medical Testing
- Additional Therapy, such as Speech, Physical, or Occupational
- Equipment
- Psychosocial Support

Recommendations may also include referrals to:

- Community Organizations/Resources
- Other Medical Providers/Specialists
- Peer Mentorship
- Vocational Rehabilitation

Referral Process

If you would like to be evaluated in the Barrow Spinal Cord Injury Wellness Clinic, please have your physician fax a referral for a physical/occupational therapy evaluation and the SCI Wellness Clinic (both must be written on the prescription).



For More Information

(602) 406-1600

Fax A Patient Referral

(602) 230-3059

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