The Spinal Cord Injury Wellness Clinic at Barrow Neurological Institute is a one-day evaluation clinic for people with spinal cord injuries and disorders. Patients are evaluated by a team of specialists and leave with recommendations for improving their overall health and wellness.

**The Barrow Difference**

The Barrow Spinal Cord Injury Wellness Clinic is the only clinic in Arizona that offers interdisciplinary assessments for spinal cord injury patients in a single visit. Our therapists and board-certified physicians have years of experience helping patients with the following:

- Acquired Spinal Cord Disorder, such as Transverse Myelitis
- Congenital Spinal Cord Injury/Disorder, such as Spina Bifida
- Non-Traumatic Spinal Cord Injury
- Traumatic Spinal Cord Injury

**Our Specialists**

Our clinic consists of the following spinal cord injury specialists:

- Physical Therapists
- Occupational Therapists
- Recreational Therapists
- Social Workers
- Rehabilitation Nurses
- Physical Medicine and Rehabilitation Physicians

**How It Works**

You will meet with each specialist in a one-on-one format for a thorough evaluation. You will also learn about available resources from one of our community partners during a lunchtime presentation. At the end of the day, you’ll receive treatment recommendations from the team, which will also be shared with your referring provider.

Our experts may recommend:

- Additional Medical Testing
- Additional Therapy, such as Speech, Physical, or Occupational
- Equipment
- Psychosocial Support

Recommendations may also include referrals to:

- Community Organizations/Resources
- Other Medical Providers/Specialists
- Peer Mentorship
- Vocational Rehabilitation

**Referral Process**

If you would like to be evaluated in the Barrow Spinal Cord Injury Wellness Clinic, please have your physician fax a referral for a physical/occupational therapy evaluation and the SCI Wellness Clinic (both must be written on the prescription).