

Barrow Stroke Prevention Clinic



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BarrowNeuro.org/Stroke

Barrow Virtual Care

We now offer visits for the Stroke Prevention Clinic via Barrow Virtual Care, our new telemedicine offering, so you can seek care from anywhere. To set up your appointment, simply follow the “Refer A Patient” process below, and request a virtual visit.

Location

Barrow Neurological Institute is located in the heart of Phoenix, at Third Avenue and Thomas Road.

Refer A Patient

To refer a patient to the Stroke Prevention Clinic, please fax imaging and medical records to **(602) 406-6261**. If you have questions, please call **(602) 406-6262**.



Stroke is a leading cause of death and disability for Americans, but it is estimated that up to 90 percent of strokes can be prevented with medical management and risk factor control. However, knowing which risk factor to address first in complex patients can be challenging. Barrow Neurological Institute offers a multidisciplinary Stroke Prevention Clinic each month to help individuals understand and manage their risk factors, including:

- Atrial Fibrillation
- Diabetes
- Family History of Stroke
- Genetic Predisposition to Blood Clots
- High Blood Pressure
- High Cholesterol
- Obstructive Sleep Apnea
- Patent Foramen Ovale (PFO)
- Physical Inactivity
- Poor Diet
- Smoking

To detect atrial fibrillation and PFO, we are now inserting implantable cardiac monitors and performing transcranial Doppler (TCD) studies, respectively, and collaborating with our cardiology colleagues at St. Joseph's Hospital and Medical Center on the endovascular treatment of these conditions.

Each patient will receive an in-depth assessment, educational materials, and access to additional support and resources for managing their stroke risk. We specialize in the primary and secondary prevention of ischemic and hemorrhagic strokes. We also see patients who have not had a stroke or transient ischemic attack (TIA) but have:

- Cerebral microbleeds/microhemorrhages
- Large artery atherosclerosis
- Silent strokes/infarcts
- Vascular/ischemic white matter disease

The Barrow Difference

Barrow Neurological Institute offers comprehensive care for individuals with stroke, from the pre-hospital setting to reintegration into the community. Our Petznick Stroke Center cares for more stroke victims and conducts more prevention research trials than any other center in the Southwest.

The Petznick Stroke Center is a Stroke Center of Excellence, with accolades including a 2019 Get With the Guidelines Stroke Gold Plus Quality Achievement Award and the American Heart Association/American Stroke Association Target Stroke Honor Role Elite Plus Award.

Barrow is also home to the first mobile stroke unit in the country to operate around the clock in a city with a population greater than 1 million.



Meet the Stroke Prevention Clinic Team



Lynn Stuart Ashby, MD
Neurologist



Paul MacDonald, MD
Neurologist



Kevin Yuen, MD
Neuro-endocrinologist



David Wang, DO
Neurologist



Jessica Lubold
Nutritionist