

Therapeutic Apps





This flyer includes activities that have therapeutic value, to aid in your recovery. These lists have been compiled by therapists at the Barrow Neurological Institute, and are categorized by level of difficulty. Many of these activities allow you to increase the level of complexity as well. Playing these activities is not a substitute for therapy, but can be a fun way to work on important skills.

If you're unable to work with a therapist:


- 1) choose which skill area you would like to work on;
- 2) choose a Level 1 (Easy) game to start;
- 3) progress to Level 2 (Medium) and Level 3 (Hard) games as appropriate.












Ask your therapists which activities are best for you.

Check Out the Apps and Games on Our Website:

Skill: Motor, Balance, Coordination Training Apps	 Pocket Yoga*	 Clock Yourself
	 FitOn	 ASICS Runkeeper - Run Tracker* **



















Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Fine Motor 	 Flow Free	 Fruit Ninja	 Magic Piano by Smule
	 Brain Spark: Fast Reaction*	 Flow Free Hexes	 Beat Blader 3D
			 Train the Brain - Coordination













Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Vision and Visual Perception 	 Word Search Pro*	 Block! Triangle Puzzle: Tangram	 Mazes & More: Classic Maze
	 Puzzle Games: Jigsaw Puzzles*/Jigsaw Puzzles HD Puzzle Games**	 KAMI 2	 BlockPuz - Block Puzzle Games
	 1010! Block Puzzle Game		 Tetris
	 Word Bubbles		
	 Match Triple 3D: Matching Tile		

*Apple only, **Android only












Barrow Neurological Institute and St. Josephs Hospital and Medical Center are not affiliated, nor responsible for the content of these software products and activities. These activities are not a substitute for your doctor's or therapist's care. Please discuss with your therapist what activities are best suitable for you. Your personal health information is kept private with your health care provider's privacy policy.










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Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Language 	 Pictoword: Fun Word Quiz Games*/Pictoword: Fun Brain Word Game**	 WordScapes	 4 Pics 1 Word
	 Word Crush - Fun Puzzle Game	 Figgerits - Word Puzzle Games	 Word Connect α
	 100 PICS Quiz	 WordBrain: Classic Word Puzzle	 Just Jumble
	 Language Therapy: 4-in-1*/Language Therapy: Aphasia**	 Constant Therapy: Brain+Speech	 7 Little Words and More
	 Cuespeak*	 Word to Word: Fun Brain Games	 NYT Games: Solve Puzzles Daily

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Memory 	 Memory - Classic*	 Memory Flash: Remember Pattern**	 Remember Flow - Brain Test*
	 Memorize: picture match-pair*/Concentration: Memo Attention**	 Brain Sharp - Math & Focus*/Brain Sharp: Memory & Math**	 Mind Games - Brain Training*/ Mind Games**
	 Train your brain - Memory*/Train your Brain. Memory Games**	 Practice Numbers by Listening*	 Brain Game. Picture Match.
			 Dual N-back*  N-Back - Brain Training**

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Planning, Problem Solving and Decision Making 	 Woodoku - Wood Block Puzzles	 Cut the Rope	 Unblock Me
	 Flow Free	 Color Code Breaker*	 Chess - Play & Learn
	 Tic Tac Toe - Glow Pro*	 Water Sort Puzzle*/Water Sort - Color Puzzle Game**	 Escape Time Brain Puzzle Game*/Escape Time Logic Puzzle Games**
		 10000 Offline Games - No Wifi Games	 Brain Test: Tricky Puzzles

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Attention 	 Schulte table!*	 Vita Mahjong	 Differences - Find & Spot Them*/Differences - find & spot them**
	 Zen Match - Relaxing puzzle*/Zen Match**	 Train Your Brain - Attention	 Visual Attention Therapy
	 *  ** Bejeweled Classic	 Speed the Card Game Spit Slam*/Speed JD**	 Vision Training & Eye Exercise*
See General Brain Training Apps			

General Brain Training Apps	 Brain HQ (App/Internet)	 Lumosity: Brain Training (App/Internet)	 *  ** Peak – Brain Training
	 Brain Games - Left vs Right	 Elevate – Brain Training Games	 NeuroNation - Brain Training
	 *  ** Geist (Memorado): Brain & Mind*/Memorado - Brain Games**		

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