

Therapeutic Apps

This flyer includes activities that have therapeutic value, to aid in your recovery. These lists have been compiled by therapists at the Barrow Neurological Institute, and are categorized by level of difficulty. Many of these activities allow you to increase the level of complexity as well. Playing these activities is not a substitute for therapy, but can be a fun way to work on important skills.

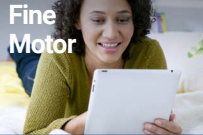
If you're unable to work with a therapist:

- 1) choose which skill area you would like to work on;
- 2) choose a Level 1 (Easy) game to start;
- 3) progress to Level 2 (Medium) and Level 3 (Hard) games as appropriate.

Ask your therapists which activities are best for you.

Check Out the
Apps and Games on
Our Website:



Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
 Fine Motor	 Flow Free	 Fruit Ninja	 Beat Blader 3D
	 Brain Spark: Fast Reaction*	 Flow Free Hexes	 Train the Brain - Coordination

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
 Vision and Visual Perception	 Word Search Pro*	 Block! Triangle Puzzle: Tangram	 Mazes & More: Classic Maze
	 Word Bubbles	 KAMI 2	 Tetris
	 Match Triple 3D: Matching Tile		

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
 Language	 Pictoword: Fun Word Quiz Games*/Pictoword: Fun Brain Word Game**	 Wordscapes	 4 Pics 1 Word
	 Word Crush - Fun Puzzle Game	 Figgerits - Word Puzzle Games	 Word Connect α
	 100 PICS Quiz	 WordBrain: Classic Word Puzzle	 Just Jumble
	 Language Therapy: 4-in-1*/Language Therapy: Aphasia**	 CT Constant Therapy: Brain+Speech	 7 Little Words and More
	 Cuespeak*	 Word to Word: Fun Brain Games	 NYT Games: Wordle & Crossword

*Apple only, **Android only

Barrow Neurological Institute and St. Joseph's Hospital and Medical Center are not affiliated, nor responsible for the content of these software products and activities. These activities are not a substitute for your doctor's or therapist's care. Please discuss with your therapist what activities are best suitable for you. Your personal health information is kept private with your health care provider's privacy policy.

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Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Memory 	 Memory - Classic*	 Memory Flash: Remember Pattern**	 Remember Flow - Brain Test*
	 Memorize: picture match-pair*/Concentration: Memo Attention**	 Practice Numbers by Listening*	 Dual N-back*
	 Train your brain - Memory*/Train your Brain. Memory Games**	 Brain Game. Picture Match	 N-Back - Brain Training**  Brain Sharp: Brain Training

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Planning, Problem Solving and Decision Making 	 Woodoku - Wood Block Puzzles	 Cut the Rope	 Color Code Breaker*
	 Flow Free	 Unblock Me	 Chess - Play & Learn
	 Tic Tac Toe - 2 Player Game Pro*	 Water Sort Puzzle*/Water Sort - Color Puzzle Game**  10000 Offline Games - No Wifi Games	 Escape Time Brain Puzzle Game*/Escape Time Logic Puzzle Games**  Brain Test: Tricky Puzzles

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Attention 	 Schulte table!*	 Vita Mahjong	 Visual Attention Therapy
	 Zen Match - Relaxing puzzle*/Zen Match**	 Train Your Brain - Attention  Speed the Card Game Spit Slam*/Speed JD**	 Differences - Find & Spot Them*/Differences - find & spot them**
	See General Brain Training Apps		

General Brain Training Apps	 Brain HQ (App/Internet)	 Lumosity: Brain Training (App/Internet)	 Peak – Brain Training
	 Elevate – Brain Training Games	 * Geist (Memorado): Brain & Mind*/Memorado - Brain Games**	
	 NeuroNation - Brain Training		

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