

Barrow Neuro-Rehabilitation Services: Therapeutic Apps






This flyer includes activities that have therapeutic value, to aid in your recovery. These lists have been compiled by therapists at the Barrow Neurological Institute, and are categorized by level of difficulty. Many of these activities allow you to increase the level of complexity as well. Playing these activities is not a substitute for therapy, but can be a fun way to work on important skills.

If you're unable to work with a therapist:



- 1) choose which skill area you would like to work on;
- 2) choose a Level 1 (Easy) game to start;
- 3) progress to Level 2 (Medium) and Level 3 (Hard) games as appropriate.













Ask your therapists which activities are best for you.

Check Out the Apps and Games on Our Website:

Skill: Motor, Balance, Coordination Training Apps	 Pocket Yoga	 Clock Yourself
	 J&J Official 7 Minute Workout	 *  ** RunKeeper



Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Fine Motor 	 Flow Free	 Fruit Ninja	 Magic Piano by Smule
	 Battle Dots Reflex Training*	 KanDo: Fine Motor Skills Measurement Tool*	 Dexterity
	 Hand Eye Coordination Test**	 Flow Free Hexes  Bugs and Buttons	 Train the Brain - Coordination  Synchrony - Bimanual Coordination Game*















Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Vision and Visual Perception 	 Word Search Pro*	 Block! Triangle Puzzle: Tangram	 Mazes & More: Classic Maze
	 Jigsaw Puzzles: Classic Jigsaw	 Kami 2	 Differences - Find and Spot Them
	 1010!		 BlockPuz
	 Word Bubbles		 Tetris
	 Match Triple 3D		












*Apple only, **Android only











Barrow Neurological Institute and St. Josephs Hospital and Medical Center are not affiliated, nor responsible for the content of these software products and activities. These activities are not a substitute for your doctor's or therapist's care. Please discuss with your therapist what activities are best suitable for you. Your personal health information is kept private with your health care provider's privacy policy.











Continued on back

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Language 	 Pictoword	 Wordscapes	 4 Pics 1 Word
	 Word Crush	 Figgerits - Logic Puzzles Game	 *  ** Word Connect α
	 100 Pics	 WordBrain	 Just Jumble
	 Cuespeak*	 CT Constant Therapy	 7 Little Words: Word Puzzles
	 Tactus Therapy	 Word to Word: Fun Brain Games	 *  ** Wordle

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Memory 	 Memory • Classic (Memorama)*	 Memory Flash: Remember Pattern**	 Mind Games - Brain Training*/ Mind Games**
	 Memorize: picture match-pair*/ Concentration: Match Game**	 Remember Flow - Brain Test	 Brain Game. Picture Match.
	 Memory Games Concentration*	 Brain Sharp - Math & Focus*/ Brain Sharp: Memory & Math**	 n-back
	 Train your brain - Memory*/ Train your Brain. Memory Games**	 Practice Numbers by Listening*	 Dual N-back*
			 N-Back Training - Boost Memory**

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Planning, Problem Solving and Decision Making 	 Woodoku - Wood Block Puzzles	 Cut the Rope	 Unblock Me
	 Flow Free	 Color Code Breaker*	 Chess - Play & Learn
	 Tic Tac Toe	 Water Sort Puzzle	 100 Logic Games - Time Killers
			 Fun Escape Room: Logic Puzzles  Coffee Shop/Coolmath Games

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Attention 	 Two Dots: Brain Puzzle Games	 Bejeweled Classic App	 Differences - Find and Spot Them App
	 Amazing Table - Train Brain App*	 Train Your Brain - Attention App	 Visual Attention Therapy App
	 Zen Match	 SPEED Speed the Card Game Spit Slam*	 Vision Training and Eye Exercise*
	See General Brain Training Apps		

General Brain Training Apps	 Brain HQ (App/Internet)	 Lumosity: Brain Training (App/Internet)	 *  ** Peak – Brain Training
	 Brain Games - Left vs Right	 Elevate – Brain Training Games	 NeuroNation - Brain Training
	 Impulse - Brain Training*	 *  ** Geist (Memorado): Brain & Mind	

*Apple only, **Android only