

Barrow Neuro-Rehabilitation Services: Therapeutic Apps



This flyer includes activities that have therapeutic value, to aid in your recovery. These lists have been compiled by therapists at the Barrow Neurological Institute, and are categorized by level of difficulty. Many of these activities allow you to increase the level of complexity as well. Playing these activities is not a substitute for therapy, but can be a fun way to work on important skills.

If you're unable to work with a therapist:

- 1) choose which skill area you would like to work on;
- 2) choose a Level 1 (Easy) game to start;
- 3) progress to Level 2 (Medium) and Level 3 (Hard) games as appropriate.

Ask your therapists which activities are best for you.

Check Out the Apps and Games on Our Website:

Skill: Motor, Balance, Coordination Training Apps	Pocket Yoga	Clock Yourself
	J&J Official 7 Minute Workout	RunKeeper





















Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Fine Motor 	Draw Line	Fruit Ninja	Magic Piano by Smule
	Flow Free	KanDo: Fine Motor Skills Measurement Tool*	Dexterity
	Zirkel*	Flow Free Hexes	Train the Brain - Coordination
	Hand Eye Coordination Test*	Bugs and Buttons	














Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Vision and Visual Perception 	Word Search	Block! Triangle Puzzle: Tanagram	Hidden Pictures Puzzle Play
	Jigsaw Puzzles: Classic Jigsaw	In Sequence*	Mazes & More: Classic Maze
	1010!	Kami 2	Differences - Find and Spot Them
	Word Bubbles		Tetris
	Match Triple 3D		











*Apple only, **Android only










Barrow Neurological Institute and St. Josephs Hospital and Medical Center are not affiliated, nor responsible for the content of these software products and activities. These activities are not a substitute for your doctor's or therapist's care. Please discuss with your therapist what activities are best suitable for you. Your personal health information is kept private with your health care provider's privacy policy.

Continued on back

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Language 	 Pictoword	 Wordscapes	 Chain of Thought
	 Word Crush	 PopWords!*	 4 Pics 1 Word
	 100 Pics	 Figgerits - Logic Puzzles Game	 Word Connect ☐
	 This is to That*	 WordBrain	 Just Jumble
	 Tactus Therapy	 Constant Therapy	 *  ** 7 Little Words  Wordle nytimes.com/games/wordle

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Memory 	 Memory • Classic (Memorama)*	 Memory Flash**	 Mind Games - Brain Training
	 Memorize: picture match-pair*/ Concentration: Match Game**	 Memorize - Focus and Memorise*	 Concentration Game - 9Bubbles*
	 Memory Games Concentration*	 Remember Flow Brain Test	 n-back
	 Train your brain - Memory*/ Train your Brain. Memory Games**	 Brain Sharp - Memory Match*/ Brain Sharp - Improve memory**	 Dual n-back*

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Planning, Problem Solving and Decision Making 	 Blockudoku - Block Puzzle	 Cut the Rope	 Unblock Me
	 Flow Free	 Color Code Breaker*	 Chess Play & Learn
	 Tic Tac Toe (phone only)	 Water Sort Puzzle	 100 Logic Games - Time Killers  Fun Escape Room: Logic Puzzles Coffee Shop (Internet) www.coolmath-games.com/0-coffee-shop Coolmath Games (App)*

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Attention 	 Two Dots App	 Bejeweled Classic App	 Differences - Find and Spot Them App
	 Amazing Table - Train Brain App*	 Train Your Brain - Attention App	 Visual Attention Therapy App
	 Zen Match	 Speed the Card Game Spit Slam	
See General Brain Training Apps			

General Brain Training Apps	 Brain HQ (App/Internet)	 Lumosity Brain Trainer (App/Internet)	 Brain Yoga Brain Training App
	 Left vs Right: Brain Games App	 Elevate – Brain Training App	 Peak – Brain Training App

*Apple only, **Android only