

Women's Epilepsy Clinic



For More Information

(602) 406-6262
BarrowNeuro.org/
Epilepsy



Can having epilepsy make it harder to get pregnant? Is it safe to continue antiseizure medications throughout pregnancy and breastfeeding? Does being pregnant have an effect on seizure activity?

It's normal to have a lot of questions when you're planning a pregnancy, especially if you live with epilepsy. First and foremost, it's important to know that the vast majority of pregnant women with epilepsy give birth to healthy babies. Working with an experienced epileptologist helps to ensure you receive the prenatal care that's right for you.

That's why we formed the Women's Epilepsy Clinic at the Barrow Epilepsy Center. Whether you need adjustments to your medications or simply answers to your questions, we're here to guide you through your pregnancy journey—from preconception through postpartum.

Even women who are not planning pregnancies may have unique needs when it comes to managing their epilepsy. Our providers in the Women's Epilepsy Clinic are also experienced in treating catamenial epilepsy, a subtype of epilepsy in which hormonal fluctuations during the menstrual cycle influence seizure activity.

The Barrow Difference

While you may already have a general neurologist managing your epilepsy and an OB-GYN navigating you through your pregnancy, an epileptologist can help bridge the gap between the two.

The Women's Epilepsy Clinic at the Barrow Epilepsy Center is unique in its focus, as few clinics are dedicated to the relationship between epilepsy and women's health. Patients in our clinic can expect to work with a collaborative team of specialists, who are equipped with the resources of a leading epilepsy facility. In fact, the Barrow Epilepsy Center is accredited as a Level 4 Comprehensive Epilepsy Center by the National Association of Epilepsy Centers, the highest level of care defined by the organization.

Meet the Team



Ritika Suri, MD
Neurologist

Ritika Suri, MD, is a board-certified neurologist and epileptologist with a special interest in women's health and epilepsy. She earned her medical degree from the Maharashtra Institute of Medical Education and Research in Pune, India. She completed her neurology residency at Henry Ford Hospital in Detroit, Michigan, followed by a fellowship in epilepsy and clinical neurophysiology at Vanderbilt University Medical Center in Tennessee. Dr. Suri is a member of the American Academy of Neurology, the American Clinical Neurophysiology Society, the American Epilepsy Society, and the American Medical Association.



Yajing Y. Xiong, MD
Neurologist

Yajing Y. Xiong, MD, is a board-certified neurologist whose expertise lies in the diagnosis and treatment of epilepsy, with a special interest in caring for women with epilepsy. She earned her medical degree from Spencer Fox Eccles School of Medicine at the University of Utah in Salt Lake City. She completed her neurology residency at

the University of Pittsburgh Medical Center in Pennsylvania, followed by a fellowship in clinical neurophysiology and epilepsy at the McGaw Medical Center of Northwestern University in Chicago, Illinois. Dr. Xiong is a member of the American Academy of Neurology, the American Clinical Neurophysiology Society, and the American Epilepsy Society.



Valerie Chen, MPAS, PA-C
Physician Assistant

Valerie Chen is a board-certified physician assistant who specializes in epilepsy. She earned her Master of Physician Assistant Studies from Northern Arizona University Phoenix Bioscience Core and a bachelor's degree in biochemistry from Arizona State University in Tempe. Ms. Chen is a member of the American Academy of Neurology.



Quashawn Warren
Epilepsy Program Coordinator